

Attachment C
Senior Commission Work Plan FY 2025-2026

Objective for FY 2025-26	Actions	Timeframe
PRNS: RECREATION, PARKS, FACILITIES & SERVICES Review, provide staff feedback, and advise the City Council on Parks and Recreation items related to existing and/or proposed parks, trails, recreation, and community services, facilities and programs related to their use and operation.	Capital Development Projects, Park Master Plans, Park Naming, or Turn-Key Parks.	As Requested
	Senior Nutrition and Citywide Older Adults' Annual Programs Report.	TBD
	Placemaking and Park Activation Update.	Spring 2026
	Ensure Community Centers are inviting and equipped to provide quality programming, resources, Senior Nutrition Meals, and services for older adults, and information for Mental Health and Wellness.	Ongoing
	Reach out to Community Centers to include Older Adult Programs and/or their Advisory Councils, to gauge community needs for advocacy.	Monthly
	Utilize public events to outreach to older adults, identify social needs, and make recommendations to Mayor and City Council.	Ongoing
	Provide educational programs and workshops at Community Centers to educate older adults on topics such as fraud prevention, elderly abuse, pedestrian safety, financial security, crime prevention, personal safety, and internet safety.	Monthly
	Work with PRNS to maintain facility maintenance of community centers and parking lots.	Ongoing
	Work with PRNS staff to expand opportunities for working older adults to engage in programs and find support after work.	TBD
	Work with PRNS staff to help improve reservations for Senior Nutrition Program and provide meal evaluations.	TBD

NEIGHBORHOOD SERVICES AND EDUCATION COMMITTEE

September 22, 2025

Subject: Senior Commission and Parks and Recreation Commission Annual Reports and Work Plans – Attachment C

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Objective for FY 2025-26	Actions	Timeframe
HOUSING Review, provide staff feedback and advise the City Council on Items related to expanding options for aging-in-place and affordable housing.	- Continue to advocate for, study offline, and seek partner agencies and City Departments to gain knowledge on affordable housing and support for older adults. - Housing Department and Housing Commission Report. - Ensure older adults in the community are aware of and know how to obtain information on affordable housing. Distribute paper and digital resources. - Research volunteer services to help older adults living in their home with services such as check-ins, laundry, and home assistance/repairs/maintenance.	Ongoing TBD Ongoing Ongoing
TRANSPORTATION Review, provide staff feedback and advise the City Council on items related to improving transportation options and pedestrian safety for older adults and all ages.	- Research and evaluate programs and services appropriate to provide transportation for seniors; especially those who live at home alone, to engage in social activity. Share these resources at Community Centers and community events. - Mobility Management and Transportation Updates - Invite Department of Transportation representatives to speak on pedestrian safety, education, and Vision Zero. - VTA/Bart/Cal Train Updates. - R.Y.D.E. Updates. - Provide transportation resources in Santa Clara County to older adults.	Ongoing Fall 2025 Spring 2026 As Needed As Needed Ongoing

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HEALTH & SAFETY Review, provide staff feedback and advise the City Council on items related to improving and expanding access to preventative health services, and community resources for older adults.	- Assist in bringing awareness and elevating the message of various older adult services/programs such as mental health, Tooth Mobile, SALA, Alzheimer's, Dementia, and heart health at community centers and in the community. - Ensure PRNS community centers have Mental Health resources available to connect older adults with Mental Health Services. - Provide presentations or classes on Emergency and Disaster Preparedness for older adults. - Provide resource for older adults regarding domestic violence, financial abuse, Cyber security, and Adult Protective Services. - Work with agencies in Santa Clara County to learn of services, and ways to keep older adults safe and in their homes and in public. Focus on Fraud and Scam Prevention.	Ongoing Ongoing Fall 2025 Ongoing Ongoing
COMMITTEES & ADVISORIES Select and designate members of the commission to act as the commission's representatives to various work groups and/or steering committee.	Upon request of staff, commissioners may act as liaisons to, or members of, assigned work groups and/or steering committees on an as needed basis. Examples: County Senior Nutrition Advisory, Source wise Advisory, 2-1-1 Advisory, and Disability Awareness.	As Needed

Objective for FY 2025-26	Actions	Timeframe
COMMUNITY SERVICES AND RESOURCES Review, provide staff feedback, improve awareness, and advise the City Council on items related to community services, resources, and programs for older adults.	- Monitor California Senior Legislature and National Council on Aging reports that contain issues for older adults that would benefit from Commission input. - Partner with local agencies to provide tech access and training for older adults. - Provide free webinars for Commissioners and older adults in San Jose to share programs and resources available in Santa Clara County. Topics to include Fraud and Scam Prevention, Fall Prevention, Transportation, Safety in the Home and Public, and agencies to help guide older adults to more resources. - Explore options to address loneliness in older adults and provide peer to peer support calls. - Reevaluate engagement methods for older adults, especially for those alone at home to help reduce isolation. - Citywide Older Adult staff and Commissioners to attend community events and meet new community members to invite and participate in PRNS older adult programs. Provide resources at events. - Recruit older adults to engage and apply for Senior Commission. Work with partner agencies to share Senior Commission information.	Ongoing Ongoing Bi-Monthly TBD TBD Ongoing Monthly