

# **Age-Friendly Action Plan Progress and Older Adult/Senior Services Update**

Neighborhood Services and Education Committee  
October 14, 2021

Maria De Leon, Deputy Director  
Jeremy Shoffner, Recreation Superintendent

# Accomplishments



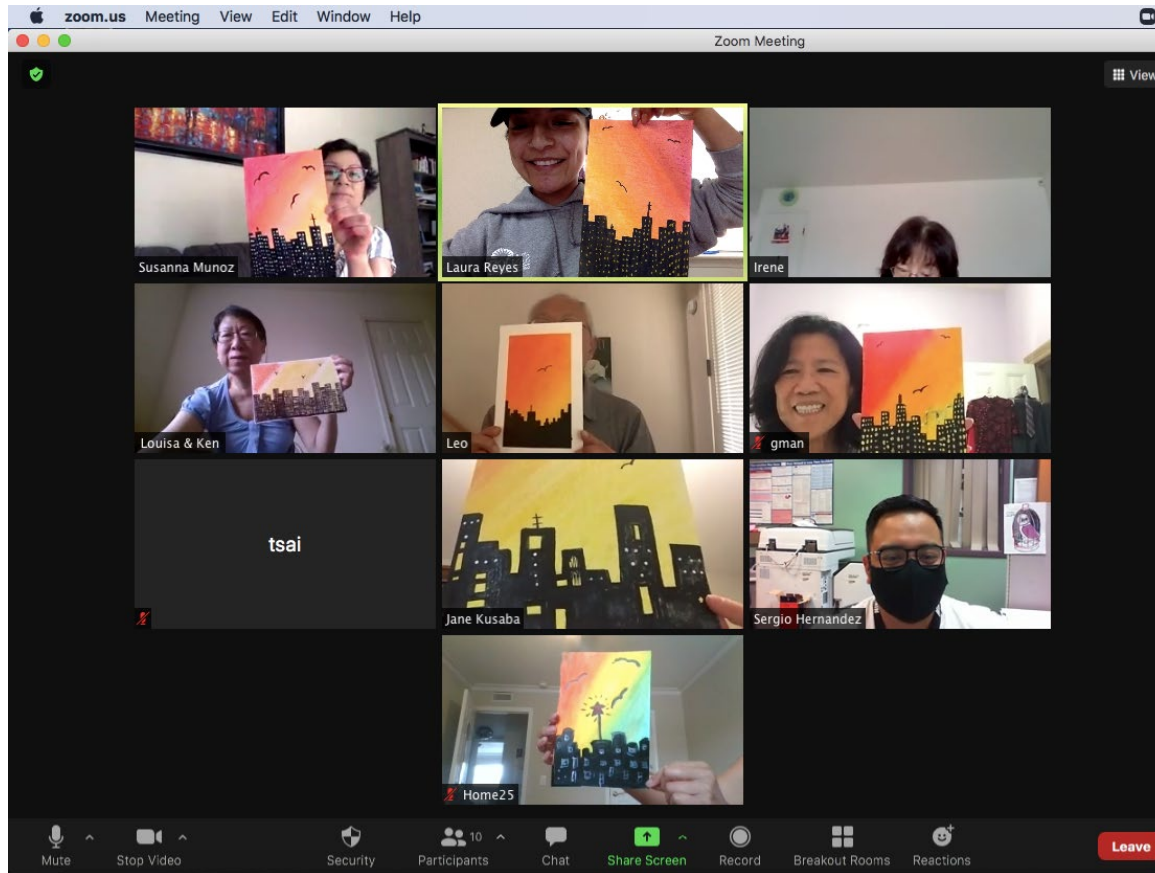
- Transitioned Senior Nutrition Program to a curbside pickup model
- Transitioned Active Adult Program into a virtual platform
- Implemented Wellness Checks for our Seniors
- Support of Senior Health and Wellness Grantees

# Senior Nutrition Program

- Transition to a curbside model
  - Increased access to nutritious meals
    - 2019 average 650/day
    - Pandemic average 1,600/day
    - Increase of 146%
  - Supported Additional Days of Meals
    - Shelf stable meals
  - Virtual Local Assistance Center Resources (VLAC)



# Active Adult Programming and Support



- Memberships are FREE
- Support of Digital Access via \$49K SourceWise grant
- Alignment with Digital Inclusion efforts
- Wellness Checks
- Virtual Senior Commission and Advisory Councils

# Senior Health and Wellness Grants



- \$511,000 annually
- Aligned with COVID-19 guidelines
- Reduce Social Isolation
- Improve health and well being
- Increase Digital Access

# Age-Friendly City Initiative

- Once safe PRNS will return to in-person programming
- Utilize the Age-Friendly initiative as a guideline and resource
- Reestablish Age-Friendly Advisory Board
- Incorporate feedback from:
  - County Partners
  - Senior Advisory
  - Senior Commission
  - Age-Friendly Advisory



# Looking Forward



- Continued support of virtual programs and Senior Nutrition Program curbside model
- Continued return to in-person programming
- Return to in-person Senior Nutrition Model
- Continued wellness checks



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