## FW: Public Comment (9/21/21), Agenda Item 1.1: Fall Prevention Awareness Week

## City Clerk < city.clerk@sanjoseca.gov>

Tue 9/21/2021 9:28 AM

To: Agendadesk < Agendadesk@sanjoseca.gov>

From: M. Cohen Zakai

Sent: Tuesday, September 21, 2021 7:42 AM To: City Clerk <city.clerk@sanjoseca.gov> Cc: Peralez, Raul < Raul. Peralez@sanjoseca.gov>

Subject: Public Comment (9/21/21), Agenda Item 1.1: Fall Prevention Awareness Week

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## Agenda Item 1.1: Fall Prevention Awareness Week

Hello City Councilmembers,

Increasing awareness of the serious short- and long-term harms from falling is important, especially for older residents of our city. Programs that teach older adults fall prevention techniques that promote strength and balance can help reduce the risks.

But we also need a firm commitment on the part of our city to adequately invest in eliminating the existing safety hazards in our infrastructure - sidewalks, crosswalks, bus stops and light rail platforms - that continue to endanger all of our residents.

Sincerely, Marcia Cohen Zakai Elderly Constituent, District 3

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