



Memorandum

TO: HONORABLE MAYOR AND
CITY COUNCIL

FROM: Council Member Arenas
District 8

SUBJECT: SEE BELOW

DATE: April 1, 2021

APPROVED: *Sylvia Arenas*

04/01/2021

**SUBJECT: APPROVAL OF STRESS AWARENESS MONTH COMMUNITY EVENT
SPONSORED BY COUNCIL DISTRICT 8 AS A CITY COUNCIL
SPONSORED SPECIAL EVENT TO EXPEND CITY FUNDS AND ACCEPT
DONATIONS OF MATERIALS AND SERVICES FOR THE EVENT**

RECOMMENDATION

1. Approve April 2021 as Stress Awareness Month to be recognized by the City Council sponsored Special Event and approve the expenditure of funds.
2. Approve and accept donations from various individuals, businesses or community groups to support the event.
3. Place the item on the Tuesday, April 13, 2021 Council Agenda for action.

BACKGROUND

On February 1, 2005, the City Council adopted Resolution 72517 which requires Councilmembers to submit a memorandum to the Rules Committee regarding proposed City Council sponsored Special Events and the proposed use of any funds.

Stress Awareness Month will be recognized on Tuesday, April 13, 2021 and sponsored by Councilmember Arenas. This special event recognizes April 2021 as Stress Awareness Month, which is an annual campaign to increase public awareness about the causes and cures for our modern stress epidemic. Stress levels have increased since the COVID-19 pandemic and feelings of disconnection, uncertainty, and a worrying loss of control has intensified stress levels causing physical and mental health concerns. Since 1992, Stress Awareness Month has been a national, cooperative effort to inform people about the dangers of stress, successful coping strategies, and harmful misconceptions about stress that are prevalent in our society. The event is free and open to the public, and will follow all appropriate local public health rules, including requiring masks and social distancing.

ANALYSIS

Approval by the City Council of the event will ensure compliance with the Council's prior direction regarding Council Special Events. In observance of existing fundraising disclosure requirements, Councilmember Arenas will report any cash or in-kind donations received for the event on their Disclosure of Fundraising Report (DFR-1). Approval of this memorandum will enable Council District 8, City departments and the Office of the City Clerk to proceed with the event. Any cash donations received will be processed pursuant to the City's normal financial and budgetary procedures.

PUBLIC OUTREACH/INTEREST

The Office of the City Clerk will post the item on the City's Website for the April 7, 2021 Rules Committee Agenda and the April 13, 2021 City Council Agenda.

CEQA

- ☐ Not a Project, File No. PP17-010, City Organization & Administrative Activities resulting in no changes to the physical environment.
- ☐ Not a Project, File No. PP17-011, Temporary Special Events resulting in no changes to the physical environment.
- ☐ Exempt, File No. PP12-080. Minor temporary use of land having negligible or no permanent effect on the environment.
- ☐ Exempt, File No. PP13-056, Activities associated with citywide litter clean-up activities.
- ☐ Exempt, File No. PP11-046, Graffiti removal services.

Reviewed by:

TONI J. TABER, CMC
City Clerk

For questions, please contact Toni Taber, City Clerk, at (408) 535-1260.