



Memorandum

TO: HONORABLE MAYOR
AND CITY COUNCIL

SUBJECT: CITY COUNCIL POLICY ON
SUICIDE PREVENTION

FROM: Jennifer Schembri
Lee Wilcox

DATE: February 19, 2020

Approved

D. D. Syl

Date

2/20/2020

RECOMMENDATION

Adopt a resolution approving a new City Council Policy 0-45, entitled "Suicide Prevention Policy."

OUTCOME

Approval of the recommendation will establish a City Council Policy on Suicide Prevention, which provides guidance and information related to City employees, City facilities, and city residents. Approval of this item completes direction received from City Council during the March 5, 2019 Council Priority Setting Process.

EXECUTIVE SUMMARY

This memorandum responds to City Council direction to create a City Council Policy on Suicide Prevention. The proposed Council Policy is aligned with and supports the strategies recommended by the Santa Clara County's Suicide Prevention Strategic Plan.

BACKGROUND

At the March 5, 2019 City Council Priority Setting Session, the City Manager green lit a Rules and Open Government Committee memorandum authored by Councilmember Raul Peralez, titled Suicide Prevention Strategic Plan (Attachment A). While the scope of the original memorandum was broad, directing four separate actions of City staff, at the City Council Priority Setting Session, Council narrowed the scope to specifically develop a Council policy similar to the City of Palo Alto's Policy Statement regarding its Suicide Prevention Policy and Mental Health Promotion (included in Attachment A). The City of Palo Alto's Policy Statement is largely based on the promotion of strategies identified in the 2010 Santa Clara County Suicide Prevention Strategic Plan. With the adoption of Resolution No. 76060 in 2011 (Attachment B),

the San José City Council formally supported the County's Suicide Prevention Strategic Plan in its vision to prevent death by suicide and create a healthier and safer community.

ANALYSIS

Suicide is a growing public health problem that affects all ages. Over 10 million adults reported they seriously thought about committing suicide in 2017, 3.2 million reported making a suicide plan within the past year, and over 1 million reported a suicide attempt in the past 12 months (2017 data).¹

The Centers for Disease Control and Prevention notes that suicide is the 10th leading cause of death in the United States, responsible for nearly 45,000 deaths in 2016, and claiming more than twice as many lives each year as does homicide. According to the California Department of Public Health, in 2017, among the nearly 6,500 violent deaths of California residents, 4,323 were related to suicides. Importantly, for every suicide death there is an even larger number of hospitalizations and emergency department visits.² In 2017, for example, for every 4,000 deaths due to suicide, there were approximately 34,000 emergency department visits for injuries resulting from self-harm.³

The suicide rate in California overall is 10.7 deaths per 100,000 people. While Santa Clara County has one of the lower suicide rates in California (7.5 deaths per 100,000 people)⁴, opportunities exist to reduce the incidence of suicides. Lowering the suicide rate in Santa Clara County is not only important from the perspective of minimizing the loss of life, but also to address the immense toll of suicides on families and communities.

To address the county's local needs, Santa Clara County published a Suicide Prevention Strategic Plan (Strategic Plan) in June 2010⁵. As part of that Strategic Plan, on an annual basis, the Santa Clara County Behavioral Health Services publishes a Suicide Prevention Annual Report to measure the effectiveness of its Strategic Plan. The County's Suicide Prevention Strategic Plan proposed several broad recommendations:

- ❖ Implement and coordinate suicide intervention programs and services for targeted high risk populations;

¹ Centers for Disease Control: <https://www.cdc.gov/violenceprevention/suicide/fastfact.html>

² California Department Public Health (2019). Preventing Violence in California: Data Brief 1: Overview of Homicide and Suicide Deaths in California. Sacramento, CA:

https://www.cdph.ca.gov/Programs/CCDCPHP/DCDIC/SACB/CDPH%20Document%20Library/Violence%20Prevention%20Initiative/Data%20Brief%201_Overview%20of%20Homicide%20and%20Suicide%20Deaths%20in%20California_Updated%203%2018%2019.pdf.

³ Ibid.

⁴ Ibid.

⁵ <https://www.sccgov.org/sites/bhd/Services/SP/Documents/2018/sp-strategic-plan-rev-03-2011-final.pdf>

- ❖ Implement a community education and information campaign to increase public awareness of suicide and suicide prevention;
- ❖ Develop local communication “best practices” to improve media coverage and public dialogue related to suicide;
- ❖ Implement a policy and governance advocacy initiative to promote systems change in suicide awareness and prevention; and
- ❖ Establish a robust data collection and data monitoring system to increase the scope and availability of suicide-related data and evaluate suicide prevention efforts.

With the adoption of Resolution No. 76060 in 2011, the San José City Council formally supported the Strategic Plan in its vision to prevent death by suicide and create a healthier and safer community.

Proposed City Council Policy on Suicide Prevention

In response to City Council direction received on March 5, 2019, staff developed a City Council Policy on Suicide Prevention that is aligned with the County’s Strategic Plan (Attachment C). As a major employer in the city and through its broad reach of city residents and businesses, the City of San José is uniquely positioned to, a) advance awareness of suicide as a major issue in the city, b) increase knowledge of suicide risk factors and warning signs for suicide, c) promote help-seeking among individuals considering suicide, and d) increase awareness of sources to reduce stigma associated with seeking help while helping those in need.

Under the policy proposal, the City will promote strategies and resources provided by Santa Clara County as well as the Suicide Prevention Resource Center under the following guiding framework:

1. **CITY EMPLOYEES.** The Administration will share with its current employees and its Retiree Associations (the San José Retired Employees Association and the Association of Retired San Jose Police Officers and Firefighters) information that helps staff and retirees gain a better understanding of the causes of suicide and learn the appropriate methods for identifying and preventing the loss of life.
2. **CITY FACILITIES.** The City Manager will ensure that the City’s public safety protocols governing the City’s response to a suicide attempt on City facilities is reviewed annually to ensure all internal procedures are updated and address any needed support for employees that may be witnesses to such events. The City Manager will further ensure an appropriate communications strategy is in place if a suicide attempt occurs in a City facility by reflecting safe messaging best practices.
3. **CITY RESIDENTS.** The Administration will actively collaborate with the Santa Clara County government to disseminate information including event information and resources as they become available.

- 4. COORDINATION WITH OUTSIDE AGENCIES.** The Administration will coordinate and collaborate with county, regional and state efforts that advance the goals of the Strategic Plan.

Greater detail related to this framework is reflected in the proposed City Council Policy on Suicide Prevention. In drafting the proposed policy, staff coordinated with Santa Clara County's Suicide Prevention Office to ensure a robust set of general resources were offered to the employees and the community.⁶ Additionally, to ensure safe messaging best practices are followed as part of a communication strategy, staff worked with the County to schedule a training for the City Manager's communication staff in March 2020. Lastly, the City's Department of Public Works created a standard operating procedure, which will be reviewed annually by the department, to ensure an appropriate process is in place should a suicide attempt occur in a City facility.

CONCLUSION

Suicide is a major public health concern and an outcome that can often be prevented. Santa Clara County's Behavioral Health Services established a Suicide Prevention Strategic Plan to reduce and prevent suicides in the County. The City of San José can take an active role to advance strategies identified in the County's Strategic Plan. To achieve this, the Administration is proposing a City Council Policy on Suicide Prevention (Council Policy 0-45).

EVALUATION AND FOLLOW-UP

As part of its enhanced coordination with Santa Clara County, the City is offering a safe messaging training to communication staff in March 2020. Additionally, the City will work with the County in disseminating important information related to suicide prevention, especially annually during Suicide Prevention Month in September.

CLIMATE SMART SAN JOSE

The recommendation in this memorandum has no effect on Climate Smart San José energy, water, or mobility goals.

⁶ General Resources related to suicide prevention are found in the proposed Council Policy on Suicide Prevention under General Resources for Implementation.

PUBLIC OUTREACH

As described in this memorandum, and reflected in the attached Council Policy, information will be distributed to the community as it is provided by the Santa Clara County's Suicide Prevention Office.

COORDINATION

This memorandum was coordinated with the Department of Public Works and the City Attorney's Office. The proposed Council Policy was also reviewed with the Santa Clara County's Suicide Prevention Office.

COMMISSION RECOMMENDATION/INPUT

No commission recommendation or input is associated with this action.

CEQA

Not a Project, File No. PP17-008, General Procedure and Policy Making resulting in no changes to the physical environment.

/s/
JENNIFER SCHEMBRI
Director, Human Resources
Director, City Manager's Office
of Employee Resources

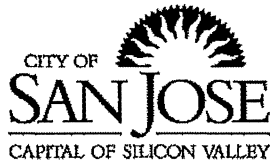
/s/
LEE WILCOX
Chief of Staff, City Manager's Office
Director, City Manager's Office of
Administration, Policy, and
Intergovernmental Relations

For questions, please contact Sarah Zarate, Assistant to the City Manager, at (408) 535-3854.

Attachments:

- Attachment A Memo by Councilmember Peralez: Suicide Prevention Strategic Plan
- Attachment B City Council Resolution No. 76060 Supporting Santa Clara County's Work in Promoting a Suicide Prevention Strategic Plan
- Attachment C Proposed City Council Policy 0-45 on Suicide Prevention

RULES COMMITTEE:
ITEM:



Memorandum

TO: RULES AND OPEN GOVERNMENT
 COMMITTEE

FROM: Councilmember
 Raul Peralez

SUBJECT: SUICIDE PREVENTION
 POLICY

DATE: September 28, 2017

Approved:

Date:

9/28/17

RECOMMENDATION

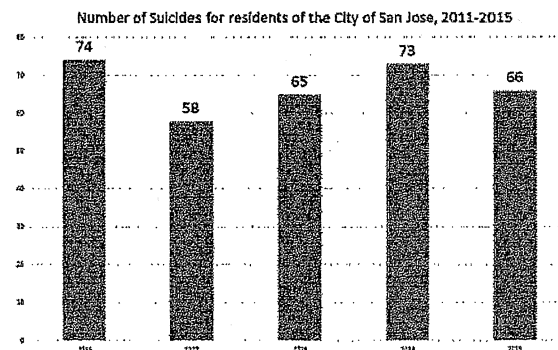
I nominate for priority setting on October 17, 2017 the development of a Suicide Prevention Policy, including but not limited to:

1. Assessment of city-owned properties with recommendations for preventative measures.
2. Explore how the City could support the County's efforts to promote suicide prevention education and align its policies.
3. Review all the City's public safety protocols in the event of a suicide attempt and make any necessary updates including internal procedures for suicide prevention awareness for city managers and supervisors.

BACKGROUND

Suicide prevention is an emotional and very real subject that affects people from all walks of life. The City Council recognized the importance of this issue when it adopted a resolution in 2011 proposed by then Councilmember Kansan Chu supporting the Santa Clara County Suicide Prevention Strategy Plan. San José has historically been an advocate for suicide prevention even though mental health services does not fall under the city's purview. Nevertheless, it remains a preventable tragedy that affects thousands of people a year.

According to the American Foundation for Suicide Prevention, each year 44,193



Source: Santa Clara County Medical Examiner

Americans die by suicide and in 2015 alone, 494,169 people visited the hospital for injuries due to self-harm. In San José, there has been 336 suicide fatalities between 2011 to 2015. More disturbingly, San José residents have the highest youth suicide rate in the county. (ATTACHMENT A)

While the county is largely responsible for mental health services, there are potential policies and strategies that cities can implement to increase suicide prevention. In 2010, the City of Palo Alto adopted a resolution to not only support the County's Strategic Plan but approve their own suicide prevention policy as well. (ATTACHMENT B) The policy promoted planning, implementing, and evaluating strategies for suicide prevention and intervention and encouraging mental health care.

Similar to how the Mayor's Gang Prevention Task Force has policies and strategies to prevent youth from the very self-destructive gang lifestyle or the Department of Transportation's VisionZero strategy to prevent traffic fatalities, the city can explore how it can promote suicide prevention further within its own jurisdiction. A recent example is the reconfiguration of the Martin Luther King Jr. Library. After several suicide attempts and fatalities in the library's high atrium, the City and San José State University took upon itself to place infrastructure barriers to prevent further attempts.

Living and working in the Capital of Silicon Valley comes with its own barrage of stresses. From a housing crisis to a highly competitive business environment, our residents often struggle in coping with those stresses. Sometimes these stresses can manifest into suicidal or self-harm behavior and that is where we must take part in making resources as available as possible. One suicide fatality is one too many and we can do our part to address the needs of our community to help prevent suicide.

ATTACHMENT A

Table 2. City of residence and city of suicide-related injury of suicide deaths that occurred in Santa Clara County, CA, age 10–24, vital statistics.*†

	n	%
City of residence*		
San Jose	98	41.7
Other Santa Clara County City	46	19.6
Other Non-Santa Clara County City	38	16.2
Palo Alto	15	6.4
Sunnyvale	14	6.0
Santa Clara	12	5.1
Morgan Hill	11	4.7
Unknown	--	--
City of suicide-related injury†		
San Jose	89	43.8
Other Santa Clara County City	61	30.0
Palo Alto	21	10.3
Sunnyvale	17	8.4
Other Non-Santa Clara County City	13	6.4
Unknown	--	--

Case Definition: (1) County of death listed as Santa Clara County, (2) Decedent 10 to 24 years of age, (3) Manner of death listed as suicide. This case definition was used to understand the characteristics of youth that died in Santa Clara County regardless of where they were injured, or their place of residence.

*data available from 2003–2015

†data available from 2005–2015

-- Suppressed because cell size < 10

Source: Garcia-Williams, A. et al (2016). *Epi-Aid 2016-018: Undetermined risk factors for suicide among youth, ages 10–24 — Santa Clara County, CA, 2016*. Retrieved from <https://www.sccgov.org/sites/phd/hi/hd/epi-aid/Documents/epi-aid-report.pdf>

ATTACHMENT B

Resolution No. 9132

Resolution of the Council of the City of Palo Alto In Support of the Santa Clara County Suicide Prevention Strategic Plan and Approval of the City of Palo Alto Suicide Prevention Policy

WHEREAS, the Surgeon General, Dr. David Satcher, in his 1999 "Call to Action to Prevent Suicide," stated that suicide in the United States is a serious public health issue and the most preventable form of death; and

WHEREAS, the National Strategy for Suicide Prevention: Goals and Objectives for Action promotes "increasing the proportion of family, youth and community service providers and organizations with evidence-based suicide prevention programs" (Objective 4.7); and

WHEREAS, Santa Clara County has lost an average of 140 individuals in recent years to suicide, and many other County residents attempt suicide or express suicidal thoughts, making this a significant public health issue; and

WHEREAS, almost all Santa Clara County cities annually have residents of all races, gender, ages, and other social characteristics either express, attempt, or die by suicide, affecting many members of our communities, making this a community matter requiring collective action; and

WHEREAS, it is essential to support the Santa Clara County Suicide Prevention Strategic Plan goals to (1) reduction of deaths by suicide, (2) increase awareness and understanding of suicidal deaths and what to do, (3) improve data collection, monitoring and follow up, and (4) have residents respond to a person in need; and

WHEREAS, educating people on suicide risk factors, warning signs, and protective factors and removing stigma about mental health treatment, recovery and resiliency is enlightened action; and,

WHEREAS, Santa Clara County Board of Supervisors, along with the leadership and staff of the Mental Health Department, the members of the Suicide Prevention Advisory Committee (SPAC) and the many public participants, has sought to prevent suicide by holding public meetings and discussion sessions and approving a county prevention plan; and

WHEREAS, the City's Policy and Services Committee has approved a Suicide Prevention Policy and Mental Health Promotion, which is attached to this Resolution as Attachment "A";

NOW, THEREFORE, the Council of the City of Palo Alto does hereby RESOLVE, as follows:

SECTION 1. The Council of the City of Palo Alto hereby proclaims its support for and approval of the County of Santa Clara's Suicide Prevention Strategic Plan, and it calls upon all citizens, government agencies, public and private institutions, businesses and schools to support the vision of preventing death by suicide and creating a healthier and safer community.

SECTION 2. The Council hereby adopts a policy entitled "Suicide Prevention Policy and Mental Health Promotion," which policy, attached hereto as Attachment "A", is in furtherance of the County's Suicide Prevention Strategic Plan.

SECTION 3. The Council finds that the adoption of this resolution does not constitute a project under the California Environmental Quality Act and no environmental assessment is required

INTRODUCED and PASSED: DECEMBER 13, 2010

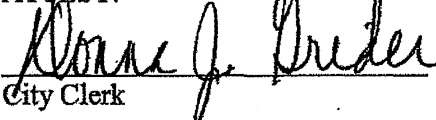
AYES: BURT, ESPINOSA, HOLOMAN, KLEIN, PRICE, SCHARFF, SCHMID, SHEPHERD, YEH

NOES:

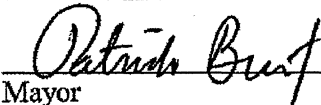
ABSENT:

ABSTENTIONS:

ATTEST:

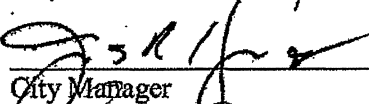

City Clerk

APPROVED:

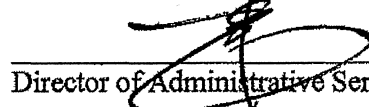

Mayor

APPROVED AS TO FORM:


Senior Asst. City Attorney


City Manager


Director of Community Services


Director of Administrative Services

ATTACHMENT "A"
CITY OF PALO ALTO POLICY STATEMENT

SUICIDE PREVENTION POLICY AND MENTAL HEALTH PROMOTION

The Palo Alto City Council and City Administration understand the concern that suicide poses to its residents and employees/employers. Within that framework, the City shall adopt suicide prevention strategies and intervention procedures. These policy and procedures will be compatible with the Santa Clara County Suicide Prevention Strategic Plan that was adopted by the Santa Clara County Board of Supervisors on August 24, 2010. To meet these goals, mental health care shall be promoted and supported for community members in need.

This policy shall advance current strategies and best practices as designated by the Suicide Prevention Resource Center, a national agency promoting the National Suicide Prevention Plan, and the California Suicide Prevention Plan.

This policy promotes planning, implementing, and evaluating strategies for suicide prevention and intervention and encouraging mental health care.

This will be accomplished by City staff and residents gaining a better understanding about the causes of suicide and learning appropriate methods for identifying and preventing loss of life. The policy and procedures will include training in identifying those at risk (gatekeeper training) and how to report suicide threats to the appropriate parental and professional authorities.

This policy shall provide for active collaboration on similar work by the Palo Alto Unified School district and other local and regional authorities, including Santa Clara County government. This policy shall advance current strategies, including but not limited to, parent education, youth outreach, mental health support of students, means reduction, youth mental health screenings, and grief support amongst other actions.

The implementation of this policy (and related procedures), supports initiatives and actions taken by the community task force, Project Safety Net, or any future similar committee. Their activities will be agreed upon, implemented and evaluated.

A strong and effective educational program to promote the healthy mental, emotional, and social development of residents and employees/employers including, but not limited to, understanding of problem-solving skills, coping skills, and resilience. Additionally, an easily accessible list of mental health and suicide prevention resources shall be maintained.

The City Manager or his/her designee shall establish a crisis intervention plan and procedures to ensure public safety and appropriate communications in the event that a

suicide occurs or an attempt is made by an individual in the City of Palo Alto. The City Manager will explore how this policy relates to the City's Emergency Crisis Plan.

Funds to implement this policy shall be provided, as available, and shall be sought through private donations, grant applications and other sources of outside funding. Additional funding will also be sought through partnership with the Palo Alto Unified School District and other agencies with expertise in this area.

This policy and related procedures shall be reviewed annually to confirm compliance and to make any necessary revisions.

**CITY OF SAN JOSE COUNCIL RESOLUTION SUPPORTING THE SANTA CLARA
COUNTY SUICIDE PREVENTION STRATEGIC PLAN**

RD:EJM:NGA
11/10/2011

RES NO 76060

RESOLUTION NO. 76060

**A RESOLUTION OF THE COUNCIL OF THE CITY OF SAN
JOSE SUPPORTING SANTA CLARA COUNTY'S WORK
IN PROMOTING A SUICIDE PREVENTION STRATEGIC
PLAN**

WHEREAS, Surgeon General, Dr. David Satcher, in his 1999 "Call to Action to Prevent Suicide" stated suicide in the United States is a serious public health issue and the most preventable form of death; and

WHEREAS, the *National Strategy for Suicide Prevention: Goals and Objectives for Action* promotes "increasing the proportion of family, youth and community service providers and organizations with evidence-based suicide prevention programs"; and

WHEREAS, County of Santa Clara ("County") loses an average of a hundred and forty individuals in recent years to suicide, and many other residents attempt suicide or express suicidal thoughts, making this a significant public health issue; and

WHEREAS, almost all County cities annually have residents of all races, gender, ages, and other social characteristics either express, attempt, or die by suicide, affecting many members of our communities, making this a community matter requiring collective action; and

WHEREAS, it is essential to support the County Suicide Prevention Strategic Plan goals to 1) reduce the number of deaths by suicide, 2) increase awareness and understanding of suicidal deaths and what to do, 3) improve data collection, monitoring and follow up, and 4) have residents respond to a person in need; and

WHEREAS, supporting County's plan to educate people on suicide risk factors, warning signs, and protective factors and removing stigma about mental health treatment, recovery and resiliency are enlightened actions; and

WHEREAS, the County Board of Supervisors, along with the leadership and staff of the Mental Health Department, the members of the Suicide Prevention Advisory Committee and the many public participants, has sought to prevent suicide by holding public meetings and discussion sessions and approving and/or supporting a County prevention plan.

RD:EJM:NGA
11/10/2011

RES NO 76060

NOW, THEREFORE, BE IT RESOLVED BY THE COUNCIL OF THE CITY OF SAN JOSE THAT:

The City of San Jose hereby supports the County of Santa Clara in its vision to prevent death by suicide and create a healthier and safer community as set forth in the County Suicide Prevention Strategic Plan.

ADOPTED this 15th day of November, 2011, by the following vote:

AYES: CAMPOS, CHU, CONSTANT, HERRERA, KALRA,
LICCARDO, NGUYEN, OLIVERIO, PYLE, ROCHA, REED.

NOES: NONE.

ABSENT: NONE.

DISQUALIFIED: NONE.



CHUCK REED
Mayor

ATTEST



DENNIS D. HAWKINS, CMC
City Clerk

*City of San José, California***COUNCIL POLICY**

TITLE	SUICIDE PREVENTION POLICY	PAGE	Page 1 of 4	POLICY NUMBER	0-45
EFFECTIVE DATE	REVISED DATE				
APPROVED BY COUNCIL ACTION					

PURPOSE

To create a Council policy regarding the ongoing commitment to increase awareness of suicide as a public health problem, and advance the suicide prevention strategies articulated in the Santa Clara County Suicide Prevention Strategic Plan, which was adopted by the San José City Council in 2011.

BACKGROUND

At its March 5, 2019 San José City Council Policy Priority Setting Session, the City Council approved the development of a City Suicide Prevention Strategic Plan. In 2010, Santa Clara County created a County Suicide Prevention Strategic Plan (The Plan). With the adoption of Resolution No. 76060 in 2011, the San José City Council formally supported The Plan in its vision to prevent death by suicide and create a healthier and safer community.

The Centers for Disease Control and Prevention notes that suicide is the tenth leading cause of death in the United States, responsible for more than 47,000 deaths in 2017, and claiming more than twice as many lives each year as does homicide. Suicide is a growing public health problem that affects all ages, with over 10 million adults seriously thinking about committing suicide in 2017, 3.2 million having reported making a suicide plan in the past year (2017), and over 1 million reporting a suicide attempt in the past 12 months (2017).

The San José City Council shares the Santa Clara County's (County) mission of bringing community awareness to the issue of suicide and to engage a community effort to stop it. The Council recognizes that the effects of suicide on communities goes well beyond the individual lives lost, and exacts heavy emotional suffering on loved ones, friends, classmates, neighbors, teachers, faith leaders, and colleagues. Because of this, the Council is committed to advancing The Plan.

POLICY

It is the Policy of the City of San José to advance suicide prevention strategies in alignment with The Plan developed by the County in 2010. The Plan made five broad recommendations, including "Implement a community education and information campaign to increase public awareness of suicide and suicide prevention," and

City of San José, California

TITLE SUICIDE PREVENTION POLICY	PAGE 2 of 4	POLICY NUMBER 0-45
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"Implement a policy and governance advocacy initiative to promote systems change in suicide awareness and prevention."

The City of San José, as a major employer in the city and through its broad reach of city residents and businesses, is uniquely positioned to, a) advance awareness of suicide as a major issue in the city, b) increase knowledge of suicide risk factors and warning signs for suicide, as well as c) promote help-seeking among individuals considering suicide, and d) increase awareness of sources to reduce stigma associated with seeking help while helping those in need.

The City will promote strategies and resources provided by the County as well as the Suicide Prevention Resource Center, under the following guiding framework:

1. **CITY EMPLOYEES.** The Administration will share with its current employees and its Retiree Associations (the San José Retired Employees Association and the Association of Retired San Jose Police Officers and Firefighters) information that helps staff and retirees gain a better understanding of the causes of suicide and learn the appropriate methods for identifying and preventing the loss of life. For example, the Administration, through its Office of Employee Relations and/or Human Resources will provide an annual communication to City employees related to suicide prevention. These communications may include such things as updates regarding populations known to have an increased risk for suicide behaviors, which, as of 2012, were identified by the National Strategy for Suicide Prevention: Goals and Objectives for Action as including:

- Individuals with mental and/or substance use disorders;
- Individuals bereaved by suicide;
- Individuals in justice and child welfare settings;
- Individuals who engage in non-suicidal self-injury;
- Individuals who have attempted suicide;
- Individuals with medical conditions;
- Individuals who are lesbian, gay, bisexual, or transgender (LGBT);
- American Indians/Alaska Natives;
- Members of the Armed Forces and veterans;
- Men in midlife; and
- Older men.

The City's Office of Employee Relations will work with the County's Behavioral Health Services Suicide Prevention Program to ensure that information shared reflects current research.

City of San José, California

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2. **CITY FACILITIES.** The City Manager will ensure that the City's public safety protocols governing the City's response to a suicide attempt on City facilities is reviewed annually to ensure all internal procedures are updated and address any needed support for employees that may witness such events. The City Manager will further ensure an appropriate communications strategy is in place if a suicide attempt occurs in a City facility. The communication strategy will reflect best practices for reporting on suicide, as shared by the County.
3. **CITY RESIDENTS.** The Administration will actively collaborate with the County government to disseminate information including event information and resources as they become available. This includes sharing information with elected officials who can pass information on through their networks as well as hosting tabling events during Suicide Prevention Month. The City will also maintain its Suicide Prevention & Crisis webpage [<https://www.sanjoseca.gov/your-government/departments-offices/fire-department/public-education/suicide-prevention-crisis>] with an easily accessible list of mental health and suicide prevention resources and links to the County's Behavioral Health Services.
4. **COORDINATION WITH OUTSIDE AGENCIES.** The Administration will coordinate and collaborate with county, regional and state efforts that advance the goals of The Plan. This includes supporting state and federal legislation aimed at increasing awareness and reducing deaths by suicide. This also includes working with the County to bring awareness to suicide prevention work during the following:
 - National Suicide Prevention Month (September)
 - National Suicide Prevention Week

GENERAL RESOURCES FOR IMPLEMENTATION

Implementation of this policy will occur through regular communication with the County's Behavioral Health Services. Employees will be provided the following resources to learn more about suicide prevention:

Santa Clara County Behavioral Health Services – Suicide Prevention & Crisis

www.sccbhd.org/suicideprevention

Santa Clara County Suicide Prevention Strategic Plan

<https://www.sccgov.org/sites/bhd/Services/SP/Documents/2018/sp-strategic-plan-rev-03-2011-final.pdf>

California Mental Health Services Authority

<https://calmhsa.org/>

Centers for Disease Control and Prevention – Violence Prevention – Suicide

<https://www.cdc.gov/violenceprevention/suicide/index.html>

U.S. Department of Health & Human Services – Office of the Surgeon General

<https://www.hhs.gov/surgeongeneral/reports-and-publications/suicide-prevention/index.html>

City of San José, California

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Suicide Prevention Resource Center

<https://www.sprc.org/>

American Foundation for Suicide Prevention

<https://afsp.org/>

National Suicide Prevention Lifeline

800-273-8255 (800-273-TALK)

Suicide Prevention Chat Services

www.SuicidePreventionLifeline.org

Veterans Crisis Line

800-273-8255, 1, Text: 838255