

Attachment 3
 SENIOR CITIZENS COMMISSION
 FY 2019-2020 Work Plan
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Age-Friendly Domain	Objective for FY 2019-20	Actions	Timeframe
Civic Participation and Employment	Make recommendations that increase older adults' ability to seek employment or volunteer opportunities.	<ul style="list-style-type: none"> • Develop and strengthen relationships with programs and organizations serving seniors/older adults. <ul style="list-style-type: none"> ○ Invite speakers from agencies such as, but not limited to: Family Peninsula Services, Council on Aging/Sourcewise, AARP, Santa Clara County Adult and Aging Services, etc. • Explore, identify, and address employment or volunteerism opportunities and barriers for seniors/older adults. • Partner with Santa Clara County Registrar of Voters for 2020 elections and with the City of San José Manager's Office on Census 2020 by exploring communication practices to outreach and engage older adults. 	Ongoing FY 2019-20 FY 2019-20
Communication and Information	Make recommendations that increase digital-inclusion access for older adults and raise awareness of older-adult issues in San José.	<ul style="list-style-type: none"> • Research best practices, techniques, and approaches to reach and engage seniors/older adults and provide recommendations to City of San José department staff and councilmembers, and other agencies and partners. • Support and participate in the development of the City of San José's digital-inclusion and communication efforts. Advocate to increase engagement and access for seniors/older adults by exploring and providing recommendations on communication practices and techniques. • Identify a platform or centralized location to house information on community resource and services. <ul style="list-style-type: none"> ○ Explore platforms such as, but not limited to: Age-Friendly website, Santa Clara County 211, PRNS website, Sourcewise, etc. 	Ongoing Ongoing Ongoing

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Age-Friendly Domain	Objective for FY 2019-20	Actions	Timeframe
(continued) Communication and Information		<ul style="list-style-type: none"> Partner with Santa Clara County 211 United Way to enhance and expand inventory of resources and services: <ul style="list-style-type: none"> Make recommendations to enhance information referral systems to increase outreach and access for seniors/older adults. Attend 211 Quarterly Advisory Meetings and provide input. Explore and make recommendations on the use of Next Door and other community and social media platforms to disseminate information and collect data on current needs of seniors/older adults in the community. 	<p>Ongoing</p> <p>Ongoing</p>
Transportation	Increase the access of transportation options available for older adults in the community through advocacy.	<ul style="list-style-type: none"> Identify Commissioner representative to attend and/or be appointed to the VTA Committee for Mobility and Transportation Accessibility to stay informed of VTA policy and updates; provides information to Senior Commission members and makes recommendations as needed. Research transportation resources from community-based organizations and other partner organizations and share information across City of San José's community centers. Continue to study transportation options available for seniors/older adults and make recommendations as needed. <ul style="list-style-type: none"> Investigate obstacles and benefits to ride-sharing programs such as Uber and Lyft. Continue communication with City of San José's Department of Transportation regarding updated scooter and biking policies as it relates to senior/older adult safety. 	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

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(continued) Transportation		<ul style="list-style-type: none"> ○ Explore feasibility of a free/no cost transportation program in the San José. 	
Housing	Provide recommendations and feedback on potential housing issues and solutions.	<ul style="list-style-type: none"> ● Research the availability of a current user-friendly senior/older adult housing list for San José residents; continue to monitor qualification guidelines, such as minimum income qualifications, to ensure policies and protocols are in alignment with senior/older adult needs. ● Continue to support and explore various forms of shared housing feasible for seniors through partner agencies such as Catholic Charities, City of San José Housing Department, Silver Nest-Vista Project, etc. 	FY 2019-20 FY 2019-20
Respect and Social Inclusion / Social Participation	Advocate for programming that demonstrates opportunities for increased community participation among older adults.	<ul style="list-style-type: none"> ● Explore feasibility of providing programming and information addressing respect and social inclusion for senior/older adults in community centers: <ul style="list-style-type: none"> ○ Mentoring, skill sharing, life coaching, etc. ● Advocate for the integration and/or expansion of intergenerational activities across all community centers. <ul style="list-style-type: none"> ○ Promote partnerships, increase funding, and policies and protocols supporting intergenerational activities and programming. ● Promote and make recommendations on strategies to increase senior/older-adult participation in citywide events (such as Viva CalleSJ, Viva Parks and other placemaking events) and receive a report out from staff regarding engagement. ● Partner with Age-Friendly Advisory Council to identify best practices to address social isolation of seniors/older adults and share information and resources with partner organizations. 	FY 2019-20 FY 2019-20 FY 2019-20 Ongoing

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Age-Friendly Domain	Objective for FY 2019-20	Actions	Timeframe
(continued) Respect and Social Inclusion/Social Participation		<ul style="list-style-type: none"> Research current awards and recognitions available for seniors/older adults and/or create methods and strategies to recognize seniors/older adults for their contributions in the community. 	Ongoing
Outdoor Spaces and Buildings	Make recommendations around the Age-Friendly Initiative features of parks.	<ul style="list-style-type: none"> Maintain communication with PRNS staff to provide recommendations on the City of San José ActivateSJ plan and receive updates from Parks staff regarding the incorporation of age-friendly equipment and design at new or existing parks. Identify a commissioner representative to participate in the City of San José General Plan 2040 committee. Build partnerships with the City of San José Department of Transportation, Planning and PRNS to provide recommendations on the creation, modification, and refurbishment of outdoor spaces and buildings. <ul style="list-style-type: none"> Universal design ADA compliance Accessory dwelling units Continue walkability and safety assessment of key neighborhoods. Explore senior/older adult access and utilization of local dog parks and/or pet-friendly areas. 	FY 2019-20 FY 2019-20 FY 2019-20 FY 2019-20 FY 2019-20
Community Support and Health Services	Ensure the community centers are equipped to provide quality programming and services for older adults.	<ul style="list-style-type: none"> Identify and promote current services and trainings provided by public agencies that inform and educate organizations on best practices when working with seniors/older adults (i.e. mental health, dementia, other chronic diseases, etc.). Create inventory of agencies and their services to address senior/older adult related needs. 	Ongoing FY 2019-20

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(continued) Community Support and Health Services		<ul style="list-style-type: none"> Identify gaps in services and make recommendations to create new programming and/or expand access by mitigating barriers where possible (i.e., transportation, cost, language needs, etc.). Research available evidence-based disease management and physical-fitness programs and promote implementation across all City of San José community centers. Expand Older Americans month activities to disseminate information to seniors/older adults and partner organizations. <ul style="list-style-type: none"> Invite vendors and agencies to share information and resources for seniors/older adults and caregivers. Engage City Council to celebrate and participate in Older American month efforts across all community centers. 	FY 2019-20 Ongoing May 2020 May 2020
Disaster Preparedness	Ensure that older adults in the community have access to resources around disaster preparedness.	<ul style="list-style-type: none"> Build partnerships with emergency response organizations to address the unique needs of the senior/older adult population (i.e. mobility, communication, language, isolation, cost barriers, etc.) as it relates to disaster preparedness. Research, provide, and promote recommendations on safety and emergency preparedness information and resources for seniors/older adults across all City of San José community centers. 	Ongoing) FY 2019-20