

# Report on Therapeutic Services

Neighborhood Services and Education Committee

June 13, 2019

Item d(4)

Deputy Neil Rufino; Division Manager Andrea Flores Shelton; and Recreation Supervisor Morace McKay

# Outcomes

- Enhanced independence, self-esteem and social skills
- Sober, stable, healthy participants
- Community integration
- Reduce social stigma





# Grace Art & Wellness @ Northside Community Center



- Over 80 daily drop-in visitors
- Partners: Friends of Grace; Dignity on wheels; and County Probation



***“Grace provides me with moral support, information, friendship, outings, therapeutic activities, and a safe place to work on social my skills.”***

**Steven Kraft, Grace member since 2008**



## Myesha Markham, Grace member since 2012



# All Access Sports & Recreation



- 1,330 participants
- 170 classes and events
- 198 wheelchair sport participants
- 76 children in diabetes prevention camp



# Inclusion

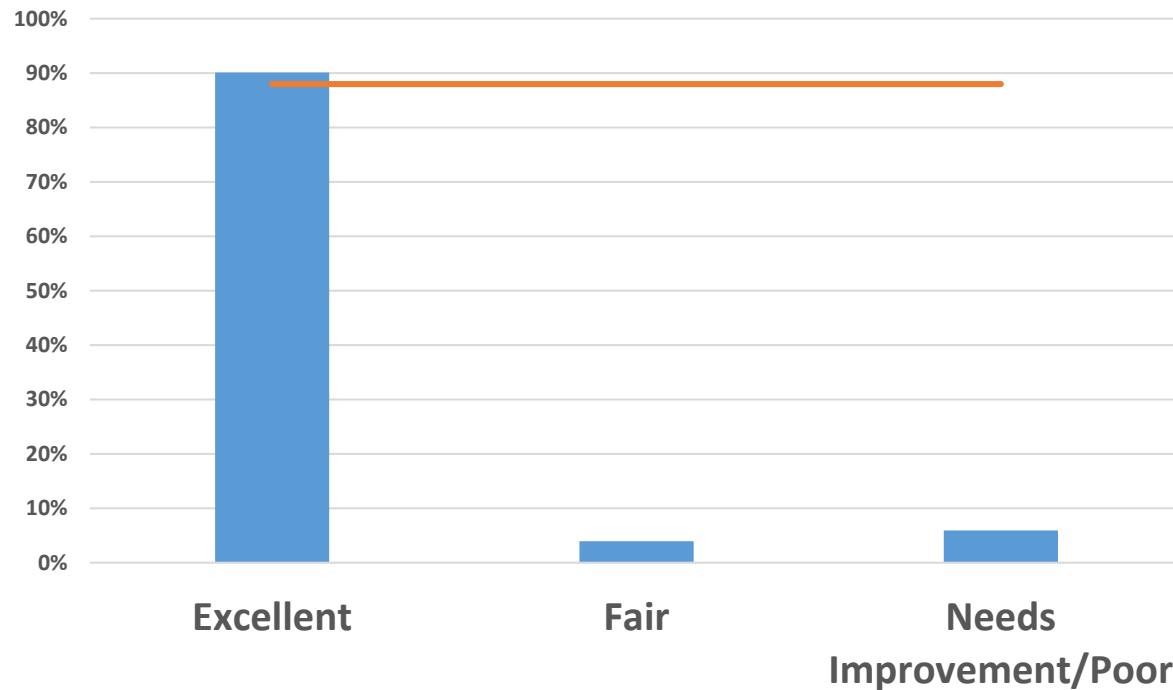
## Accommodation Requests ~ 60% are allergy related

- R.O.C.K. - 150
- Recreation Preschool - 25
- Summer camps - 250

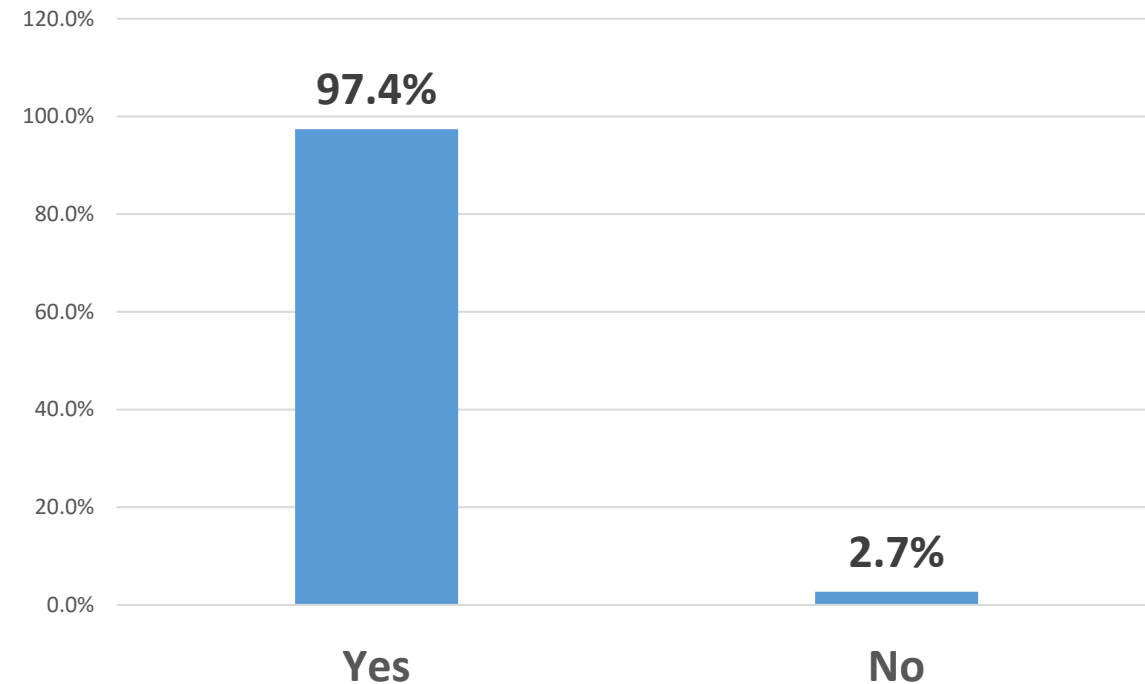


# Performance Measures

Participant Rating of  
Therapeutic Services Quality



Therapeutic Recreation Services  
Positively Impacted Quality of Life





# Looking Forward

- **Hire management position**
- **Mental Health 101 training**
- **LGBTQ inclusion assessment**
- **Therapeutic Aquatics Plan**



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