



# Memorandum

**TO:** PUBLIC SAFETY, FINANCE AND  
STRATEGIC SUPPORT COMMITTEE

**FROM:** Edgardo Garcia

**SUBJECT:** SEXUAL ASSAULTS EDUCATION  
AND TRAINING PROGRAM

**DATE:** March 14, 2019

Approved

Date

3-14-19

## RECOMMENDATION

1. Accept a status report on the Sexual Assault Education and Training Program.
2. Direct staff to provide a final report on the Sexual Assault Education and Training Program, including an evaluation of the delivery of the most recent affirmative consent-based curriculum and multiple age-appropriate classes for middle and high school students, at a date to be specified in the Public Safety, Finance and Strategic Support Committee (PSFSS) workplan for the period of January-June 2020.

## BACKGROUND

Since 2015, the number of rapes reported in San José has increased approximately 66% (from 375 in 2015 to 625 in 2018.) This statistic highlights the importance of educating the community on the topic; this education must begin with our youth, who need to understand consent, refusal, and healthy relationships.

As part of the 2018-2019 Budget process, Councilmember Arenas submitted a budget document that proposed funding for a contract provider to conduct a series of sexual assault and prevention trainings in San José public schools. As part of the June Budget Message for Fiscal Year 2018-2019, Mayor Liccardo recommended and the Council approved one-time funding of \$150,000 for sexual assault education and training, as proposed by Councilmember Arenas. The content of this education and training was directed to be based on the most recent affirmative consent-based curriculum and provided with multiple age-appropriate options for middle and high school students.

## **ANALYSIS**

This memorandum summarizes progress towards implementing the Sexual Assault Education and Training Program and lays out the next steps for delivering the training.

In August of 2018, staff in the Police Department's Sexual Assault Investigations Unit (Unit) began working to identify a contractor to provide the training. In September 2018, the Unit received a detailed education and training proposal from the YWCA. The YWCA of Silicon Valley is San Jose's only state certified Rape Crisis Center and the only victim service agency in the County with a dedicated department which delivers sexual assault and prevention/outreach programming.

Pursuant to the direction in the June Budget Message, the program will provide services for both middle school and high school students. The program will include one 10-week training session at a middle school and one 12-week training session at a high school, with the goal of serving a total of 3,200 middle and high school students. It is anticipated the program will include one full-time and one part-time YWCA staff member to implement.

To implement the middle school training, the 10-week middle school program will include a component for students to design and implement a youth led campus-wide awareness campaign that addresses issues of dating violence and sexual harassment on campus. Due to the unique needs of the middle and high school age groups, the program will utilize separate curriculums to expose youth to age appropriate content. The middle school programming may be designed around the "Shifting Boundaries" style curriculum, which is evidence based, multi-level prevention programming targeting middle school age youth. The curriculum aims to reduce incidents of dating violence and sexual harassment, to increase knowledge, and shift behavioral intentions to intervene as a bystander.<sup>1</sup> The YWCA has discussed this program with Oak Grove School District administrators. The administration appears receptive to this training. The City and YWCA will select a middle school from this district to receive the training based on recent sexual assault crime data and launch this curriculum at the beginning of the 2019-2020 school year.

The YWCA currently uses a high school curriculum in the East Side Union High School District called "Bringing in the Bystander."<sup>2</sup> "Bringing in the Bystander" is an in-person prevention program designed to teach high school students to intervene before, during, and after instances of sexual assault, relationship violence, and stalking. During the program, participants learn knowledge and skills to identify and safely intervene to prevent sexual assault and relationship violence and stalking. This program is very interactive and allows participants to develop and practice bystander intervention prevention skills. "Bringing in the Bystander" is currently in use on more than 400 college campuses. The YWCA has a current relationship with and provides programs for the East Side Union School District. The City and YWCA intends to select a high

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<sup>1</sup> <http://www.preventconnect.org/wp-content/uploads/2013/05/Shifting-Boundaries-w-Copyright-at-Lib-of-congresst.pdf>

<sup>2</sup> <https://preventionnavigator.rainn.org/program/bringing-in-the-bystander/overview/>



school from this district to receive the training based on recent sexual assault crime data and launch this curriculum at the beginning of the 2019-2020 school year.

A workplan for the delivery and evaluation of the training is provided below. As the workplan indicates, lead time is necessary for the YWCA to hire staff, confirm the curriculum and enter into agreements with school districts, which has prevented the training from being launched for the current spring semester. Both middle school and high school programming is expected to launch at the beginning of 2019-2020 school year.

**Sexual Assault Training Delivery and Evaluation Workplan**

<b>Timeframe</b>	<b>Task</b>
March - April 2019	Execute MOU agreement with YWCA
May-June 2019	Confirm program plan, including the curriculum, lesson plan and timeline.
May-July 2019	Secure program locations and YWCA enter into MOUs with two schools.
May-August 2019	YWCA to recruit, hire and orient staff to provide training
September 2019-June 2020	YWCA delivers program at two schools.
January-June 2020 PSFSS Workplan	City returns to the Public Safety, Finance and Strategic Support Committee with an internal evaluation and contractor's evaluation of the training.
May-June 2020	YWCA finalizes and submits a final program evaluation report to City

The YWCA has agreed to deliver an abbreviated sexual assault education and training before the end of this school year. This abbreviated education and training may be provided by two part-time Prevention Educators and would be directed at students, administrators, and parents. A menu of existing 60-90 minute ready-to-go presentations/workshops can be modified and administered to students soon after the agreement is signed.

It is anticipated that YWCA will also create a robust evaluation program grounded in evidence and current best practices, to assess the effectiveness of the training make recommendations for future program and potential funding opportunities. An example of the current metrics used to evaluate such programs may include the following:

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- Percentage of students who increase their ability to make empowered choices regarding healthy relationships, sexual harassment, and assault.
- Percentage of students who increase their knowledge of dating violence and sexual harassment prevention.
- Percentage of students who increase their knowledge of healthy relationship practices.

Staff will report back to the Public Safety, Finance and Strategic Support Committee at a date to be specified in the Committee work plan for the period of January-June 2020 with an evaluation of the programs.

### **COORDINATION**

This memorandum was coordinated with the City Attorney's Office and City Manager's Budget Office.

/s/

EDGARDO GARCIA  
Chief of Police

For questions please contact Lieutenant Jason Ta, Sexual Assault Investigations Unit, at (408)537-1383.