

Attachment 3  
 SENIOR CITIZENS COMMISSION  
 FY 2018-2019 Work Plan  
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Age-Friendly Domain	Objective for FY 2018-19	Actions	Timeframe
<b>Civic Participation and Employment</b>	To make recommendations that increase older adults' ability to seek employment or volunteer opportunities.	<ul style="list-style-type: none"> <li>Stay informed of various civic participation and employment initiatives that include older adults.               <ul style="list-style-type: none"> <li>Invite speakers from agencies such as Gen2Gen, work2future, or Volunteer Match.</li> </ul> </li> </ul>	Ongoing Quarterly
<b>Communication and Information</b>	To make recommendations that increase digital-inclusion access for older adults and raise awareness of older-adult issues in San José.	<ul style="list-style-type: none"> <li>Stay informed of the City of San José's digital-inclusion and communication efforts and advocate for programs that increase access for older adults by:               <ul style="list-style-type: none"> <li>Researching technology programs happening at local community centers and sharing best practices or make recommendations.</li> </ul> </li> <li>Senior Commissioners meet with their Councilmembers as needed to provide updates and share information on older-adult issues.</li> </ul>	Ongoing  As Needed
<b>Transportation</b>	To increase the access of transportation options available for older adults in the community through advocacy.	<ul style="list-style-type: none"> <li>Request presentations from Council staff who are appointed to the VTA Board to stay informed of VTA policy and updates.</li> <li>Monitor VTA changes and status through the appointment of a Senior Commissioner to be appointed to the Committee for Mobility and Transportation Accessibility.</li> <li>Continue to study transportation options available for older adults and make recommendations as needed.               <ul style="list-style-type: none"> <li>Investigate obstacles to ride-sharing programs.</li> </ul> </li> </ul>	Ongoing  Bi-Monthly  Ongoing

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<b>Transportation</b> (continued)		<ul style="list-style-type: none"> <li>○ Explore alternative modes of transportation such as Uber and Lyft.</li> </ul>	
<b>Housing</b>	Provide recommendations and feedback on potential housing issues and solutions.	<ul style="list-style-type: none"> <li>• Study the feasibility of raising the income qualifications of seniors so that they can qualify for affordable-housing options.</li> <li>• Explore the guidelines used to define accessibility when new buildings are being constructed to see how they consider the needs of older adults.</li> <li>• Monitor and explore current housing issues and alternatives for older adults.</li> </ul>	FY 2018-19  FY 2018-19  Ongoing
<b>Respect and Social Inclusion / Social Participation</b>	Advocate for programming that demonstrates opportunities for increased community participation among older adults.	<ul style="list-style-type: none"> <li>• Monitor older-adult participation in citywide events (such as Viva CalleSJ, Viva Parks and other placemaking events) and receive a report out from staff regarding engagement.</li> <li>• Explore what efforts are being implemented to prevent social isolation in community centers and other local programs citywide.</li> <li>• Along with the Age-Friendly Advisory Council, participate in a roundtable of organizations to discuss and explore options to address social isolation.</li> </ul>	FY 2018-19  FY 2018-19  FY 2018-19
<b>Outdoor Spaces and Buildings</b>	Make recommendations around the Age-Friendly Initiative features of parks.	<ul style="list-style-type: none"> <li>• Explore older adults' access to local dog parks or pet-friendly areas.</li> </ul>	FY 2018-19

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		<ul style="list-style-type: none"> <li>Receive updates from Parks staff regarding the incorporation of age-friendly equipment and design at new or existing parks.</li> </ul>	FY 2018-19
<b>Community Support and Health Services</b>	To ensure the community centers are equipped to provide quality programming and services for older adults.	<ul style="list-style-type: none"> <li>Research available evidence-based disease management and physical-fitness programs and make recommendations broadly for all community centers to adopt.</li> <li>Evaluate the City of San José's community centers' capacity to meet the needs of older adults with the expected increase in population.</li> </ul>	Ongoing  FY 2018-19
<b>Disaster Preparedness</b>	To ensure that older adults in the community have access to resources around disaster preparedness.	<ul style="list-style-type: none"> <li>Research and provide recommendations for seminars in community centers around the areas of safety and emergency preparedness.</li> <li>Be aware of and make recommendations on disaster preparedness and emergency training for older adults.</li> </ul>	Ongoing  FY 2018-19