

# OUTREACH & MENTAL HEALTH SERVICES FOR HOMELESS PERSONS

October 23, 2018

# Mental Health Services & Supportive Housing Considerations



2

## ☐ Level of Need

- ☐ Mental Health: Specialty vs. mild/moderate vs. acute/emergency
- ☐ Housing: Permanent supportive, rapid rehousing, one-time/short term

## ☐ Eligibility for level of service and for provider

- ☐ Funding source & insurance status
- ☐ Availability of services

## ☐ Location & access points

## ☐ Individual choice, legal limitations

# Types of “Homeless Outreach”

- ☐ Engage, offer services & assess for housing
- ☐ Respond to constituent concerns
- ☐ Support encampment abatement
- ☐ Long-term engagement to build rapport
- ☐ Case finding in support of housing programs

Facility Based /  
Service Centers

Mobile  
Teams

# Outreach & Mental Health Teams to Unsheltered Persons



4

## City of San José

- City-Wide Outreach: HomeFirst, 6 FTE
- Targeted Outreach: Downtown, Coyote Creek Program Areas, Libraries – PATH, 10 FTE, 1 licensed clinical social worker

## County contracts or partnerships

- Community Services Agency (Mtn. View): 1.0 FTE
- Bill Wilson Center, TAY specialization: 2.0 FTE

# Outreach & Mental Health Services to Unsheltered Persons (cont.)



5

## ☐ Case-Finding

- ☐ Care Coordination Project & High User Programs: 11 County FTEs
- ☐ Rapid Rehousing Programs

## ☐ Medical Outreach – 2 FTE

- ☐ Homeless healthcare program site visits
- ☐ Veterans Affairs homeless healthcare program
- ☐ Backpack medicine

## ☐ Other: Downtown Streets Teams, Basic Needs & Grassroots

# Outreach & Mental Health Services to Homeless Persons through Facility-Based Programs



6

- ☐ Most emergency shelter & transitional housing programs
  - ☐ Julian Street Inn (83 beds)
  - ☐ Boccardo Reception Center
- ☐ Most drop-in & multi-service centers
- ☐ Health clinics primarily thru Homeless Healthcare Programs

- ☐ Program Offices / Locations
  - ☐ Safety-Net Programs:
    - ☐ e.g., Reentry Resource Center
    - ☐ e.g., General Assistance Office
  - ☐ Collaborative Courts

# Specialty Mental Health Programs

7

- ☐ Intensive Outpatient Programs for adults, older adults, young adults and justice system partnerships
- ☐ Varying programs to respond to calls related to mental health “crises”
- ☐ Acute, emergency, urgent care programs

# Summary

8

- ❑ Funding for dedicated outreach teams: \$4.0 million countywide
  - ❑ City of San Jose: \$1.4 million
  - ❑ County / County-City: about \$2.2 million
  - ❑ Palo Alto, Sunnyvale, and San Jose Downtown Streets Teams
- ❑ Network of outreach & mental health services
- ❑ Opportunities / Needs
  - ❑ Increased coordination, optimization & strategy development
  - ❑ Continued focus on permanent housing strategies