



**SANTA CLARA COUNTY**  
Behavioral Health Services

**COUNTY-CITY  
MEETING  
OCTOBER 23,  
2018**

## BHSD SYSTEM OVERVIEW

- Structured as a **MediCal Managed Care Plan** for two specialty populations: individuals with serious mental illness and substance use disorders.
- **Largest Behavioral (MH/SUTS) Health Plan in the Bay Area; 6<sup>th</sup> largest in California**
- Serve approximately **35,000 + clients/consumers** annually: children with emotional disturbances and youth, adults and older adults with serious mental illness and/or substance use disorders.
- Provide services **across the lifespan**: newborns (0-5), children, youth, transition age youth (16-25), adults and older adults.

## BHSD SYSTEM OVERVIEW

- Manage two (integrated) systems of care: **Children, Youth & Families** and **Adult & Older Adult and Substance Use Treatment Services** for Medication Assisted Treatment and Narcotic/Opioid Treatment Programs
- Provide both **County delivered services** (30%) and **contract services** (70%) through certified behavioral health, community-based providers, residential facilities and hospitals.
- Provide **625 scopes of work and manage 465 contracts.**
- County FY2019 Adopted BHSD Budget includes:
  - ▶ ~ **704 employees**
  - ▶ Appropriation of ~ **\$519.0 Million**

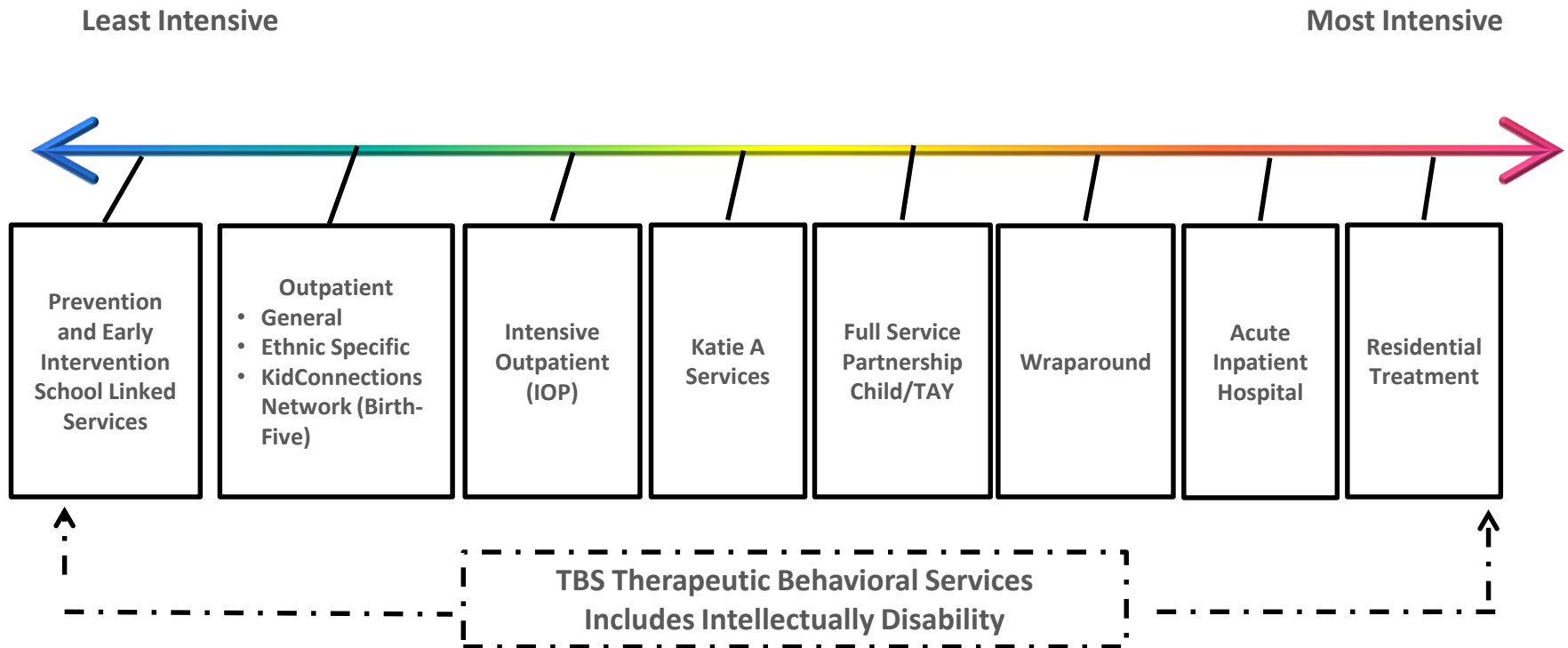
# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## PREVENTION AND EARLY INTERVENTION SERVICES

- **Suicide Prevention Team** provides trainings in the community.
- **Substance Use Prevention Program**; recent marketing campaign:  
<http://wastedonweed.org>
- **Substance Use Opioid Collaborative** to reduce addiction
- **School Linked Services** provides supports, assessments, treatment;  
**131 schools in San Jose**
- **Consumer and Family Support Services:**
  - ✓ Outreach and Trainings provided by the Ethnic & Cultural Communities Advisory Committee (ECCAC)
  - ✓ Consumer & Family Affairs
  - ✓ Mental Health Advocacy Project (MHAP)

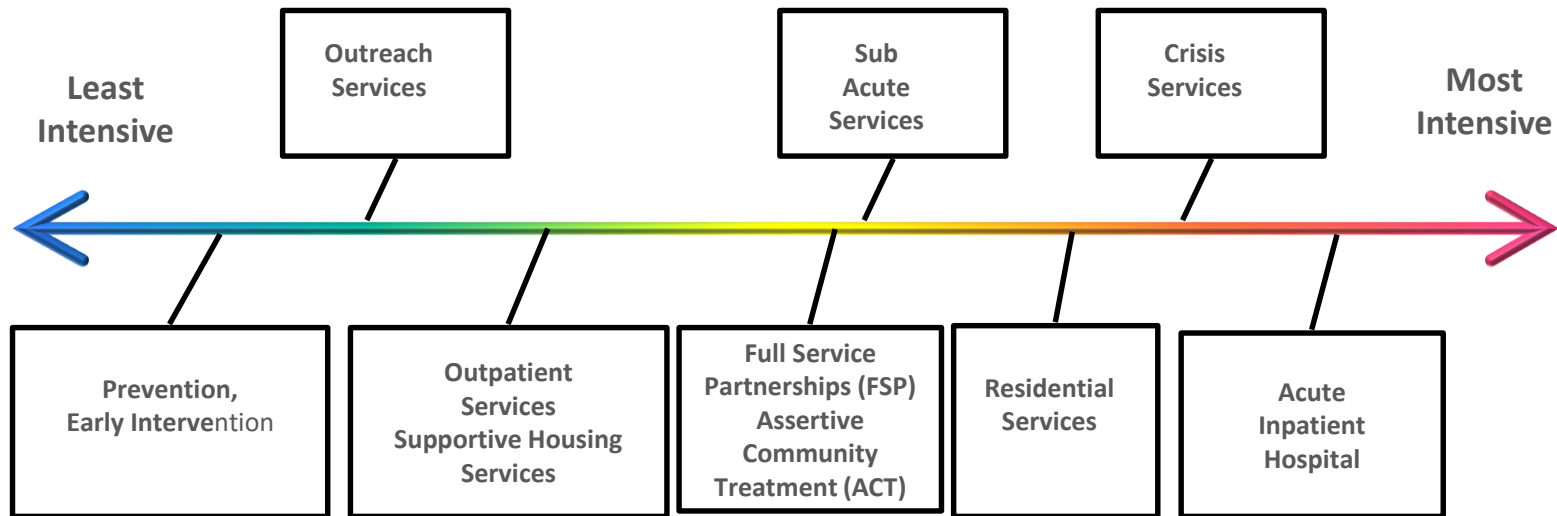
# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## CHILDREN, YOUTH AND FAMILIES CONTINUUM OF CARE



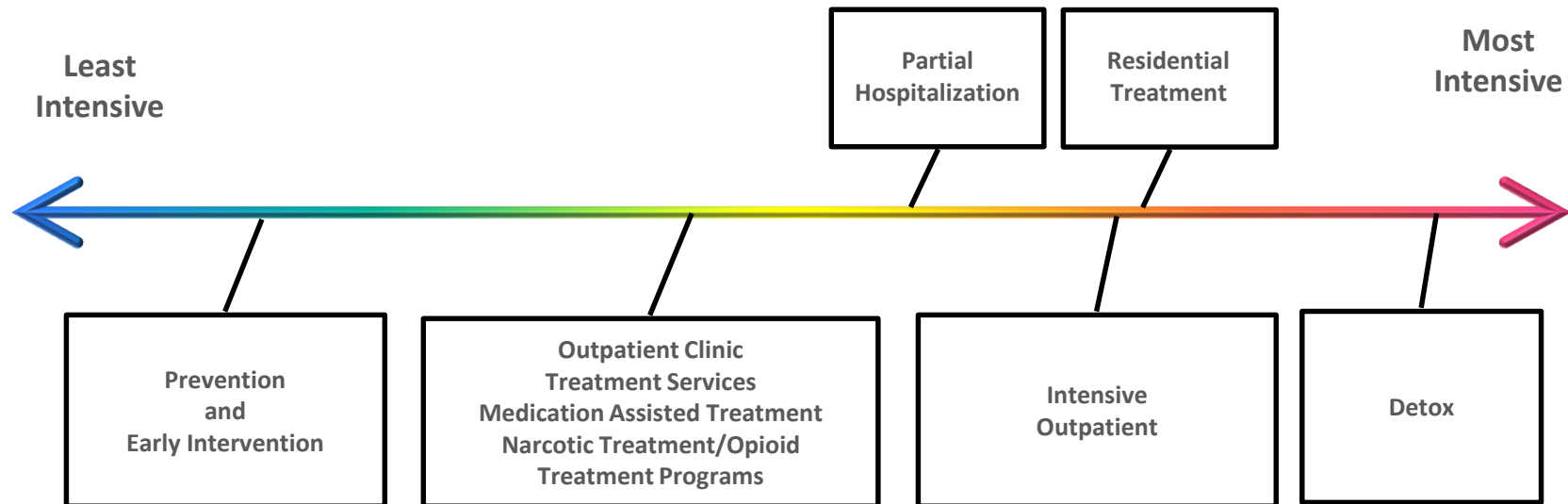
# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## ADULT AND OLDER ADULT CONTINUUM OF CARE



# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## SUBSTANCE USE DISORDERS CONTINUUM OF CARE



# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## CRISIS SERVICES

- **Suicide Crisis Hotline 24/7**
- **Mental Health Urgent Care, 7 days a week, 8:00am to 10:00 pm**
- **Emergency Psychiatric Services (EPS), 24/7, County-designated 5150 Facility, Valley Medical Center**
- **Children's Mobile Crisis Program and Crisis Stabilization Unit** in Campbell (receives 5150 children and youth)
- **Adult Crisis Stabilization Unit** in San Jose
- **Two Adult Crisis Residential Programs:** San Jose and South County
- **Sobering Center** – First year anniversary on October 4, 2018. Since opening, **220 individuals were brought to the Sobering Center, average of 18.3 people per month.**



# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## NEW CRISIS SERVICES

- **Mobile Crisis Response Teams (MCRTs)** in San Jose and in Gilroy.
  - January – September 2018: served 257 individuals, 140 from SJPd; only 21 individuals were sent to jail.
  - Special, ongoing recruitment underway for more clinicians.
  - 3 Clinicians certified as Hostage Negotiators.
- **Crisis Text Line 24/7** – *implementation in November 2018*
- **Psychiatric Emergency Response Teams** – law enforcement officer partner with BHS clinician; recruitment underway for clinicians, SJPd team, *implementation in early 2019*
- **In Home Outreach Teams** – 1 County team/lead in San Jose; 4 community teams to serve all County regions; teams will outreach to individuals that need services, but are not engaged, i.e. frequent EPS users, *implementation in 2019*

# BEHAVIORAL HEALTH SERVICES DEPARTMENT

## WHAT'S AHEAD IN FY2019

- Release Request for Proposals(RFP) for new programs included in the **FY2018-2020 MHSA Three-Year Plan:**
  - ✓ Two new **Assertive Community Treatment (ACT)** Teams (200 slots) for highest need individuals
  - ✓ **Full Service Partnership (FSP) services expansion** which includes a total of 700 new FSP slots
  - ✓ Three new **Adult Crisis Residential Treatment facilities** to expand step-down levels of care and divert clients who would otherwise be in a locked facility.
- RFP to expand **Substance Use Outpatient** (220 slots) and **Intensive Outpatient** (30 slots) services