



SAN JOSE
**PARKS, RECREATION &
NEIGHBORHOOD SERVICES**

Neighborhood Services & Education Committee

October 11, 2018

**Age-Friendly City Initiative &
Senior Commission Annual Report**

Overview

PRNS manages three major service delivery components:

- Senior Services
- Senior Commission
- Age-Friendly San José Initiative



Senior Services

Goals

- Enhance older adults health and well-being
- Reduce social isolation
- Promote Aging in Place

Objectives

- Reduce barriers to services
- Provide relevant, high-quality senior programs

Next Steps

- Conduct transportation pilot to increase access to centers/programs



Senior Commission – Priorities

- 1) Improve access to affordable and suitable housing
- 2) Become aware of programs, services and policies benefitting **health and wellness**
- 3) Support the Age-Friendly San José Initiative
- 4) Assure programs and services respond to needs of current and future participants
- 5) Monitor and advocate for **transportation options** for seniors
- 6) Raise awareness in city government and the community regarding the Senior Commission

Next Steps:

- Align work plan to support livability as defined by the World Health Organization.

Age-Friendly San José Initiative Update

8 Domains for Livability

- 1) Housing
- 2) Transportation
- 3) Social Participation
- 4) Respect & Social Inclusion
- 5) Civic Participation & Employment
- 6) Communication & Information
- 7) Community Support & Health Services
- 8) Outdoor Spaces & Buildings



Age-Friendly San José Update

Work Groups 2017-2018

- Public Awareness of Ageism
- Emergency Preparedness
- Reducing Social Isolation
- Increasing Intergenerational Activities

Next Steps:

- Coordinate and develop a three-year Age-Friendly San José Action Plan with key City departments.
- Develop data collection improvements in City of San José

Age-Friendly Advisory Council

Judy Chirco, Chair of Advisory Council
Nicholas Almeida, Mayor's Office
Deborah Bolding, San Jose State
Marisol Caballero, Senior Commission
Marilou Cristina, Notre Dame High School
Susan Ellenberg, Community Member
Warren Gannon, Senior Commission
Carolyn Glogoski, San Jose State
Sophie Horiuchi-Forrester, AARP
Vickie Johnson, Community Member
Ryan Kawamoto, Yu-Ai-Kai
Diana Miller, SCC D.A.A.S

Questions and Comments

