

Parks, Recreation and Neighborhood Services Community Services and Centers Update



Neighborhood Services and Education Committee
February 8, 2018

Recreation and Community Services

“If bread is the first necessity of life, recreation is a close second.” -Edward Bellamy

- RCS programs are focused on helping residents:
 - Have healthier lifestyles.
 - Have an improved quality of life.
 - Are connected, informed, and engaged.



By the Numbers

- 294 FTEs
- 51 Facilities Within Inventory
 - 11 Hubs
 - 1 Therapeutic Center
 - 39 Reuse Facilities
- 29,500 Class Participants
- 3,000 Classes Offered
- 15,079 Summer Campers
- 130,000 Viva CalleSJ Participants



Healthier Lifestyles

- Chronic Disease Issues
 - 22% of residents are obese.
 - 7% of adults diagnosed with diabetes.
- Address Population Health Issues
 - 60 minutes of physical activity.
 - Age-Friendly City policy and practices.
 - Active Adult Programming and Senior Nutrition.



Healthier Lifestyles

- Fitness Programming
 - 6 fitness rooms.
 - 6,500 memberships.
 - 70% of participants reported an increase in their activity.



Improved Quality of Life

- Physical and mental health
- Community conditions
- Therapeutics
 - Inclusion philosophy
 - 97% Participants stated positive impact
 - 300 Therapeutic classes
 - 1,700 Participants



Improved Quality of Life

Grace Art & Wellness

- 88% Very good or excellent.
- 72% Have not been hospitalized in the previous year.



After School and Preschool

- Recreation
Preschool
 - 12 Centers, 25 classes
 - 25% increase in enrollment
 - SJPL Partnership
- After School
 - 23 Rock
 - 4 ASES
 - 91% Increased physical activity
 - 98% Improved quality of life



Connected, Informed, and Engaged

- Build more connected communities
- Staff support to emergencies
- Centers as gathering spaces
- Neighbor Nights!



Looking Ahead

- Pursue revenue-generation opportunities.
- Strengthen partnerships with health and health-care organizations.
- Provide more opportunities for neighbor connections.
- Manage aging infrastructures.
- Continue to lead Age-Friendly initiatives.
- Monitor and evaluate Recreation Preschool partnership with the Library.
- Develop program planning improvements.

Questions