

# Racial Equity, Diversity and Inclusion R(EDI) Study Session

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# YOUR TRAINERS FOR TODAY



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# The Justice Collective (TJC)

is a cross-sector, social impact consultancy with interdisciplinary expertise. Founded in 2015 in Oakland, CA, by Lena Carew, Ellie Tumbuan, and Danielle DeRuiter-Williams.

TJC is 100% owned by women of color.

### **MISSION**

Transform organizations by unlocking and uplifting the abundance within.

### **VALUES**

- Abundance
- Collaboration
- Radical & Empathetic Leadership
- Transformation

Each of these values is integrated into our central organizing principles of EQUITY and JUSTICE.



# **AGENDA**



Photo Credit: <u>Chona Kasinger</u> from the Disabled and Here Project

- Welcome & Getting Started
- Somatic Activity
- Historic Structural Inequity
- Understanding Your Role in R(EDI)
- 10-min Break
- Demystifying Dominant Culture
- Best Practices for Leaders
- ORE Team Progress Updates

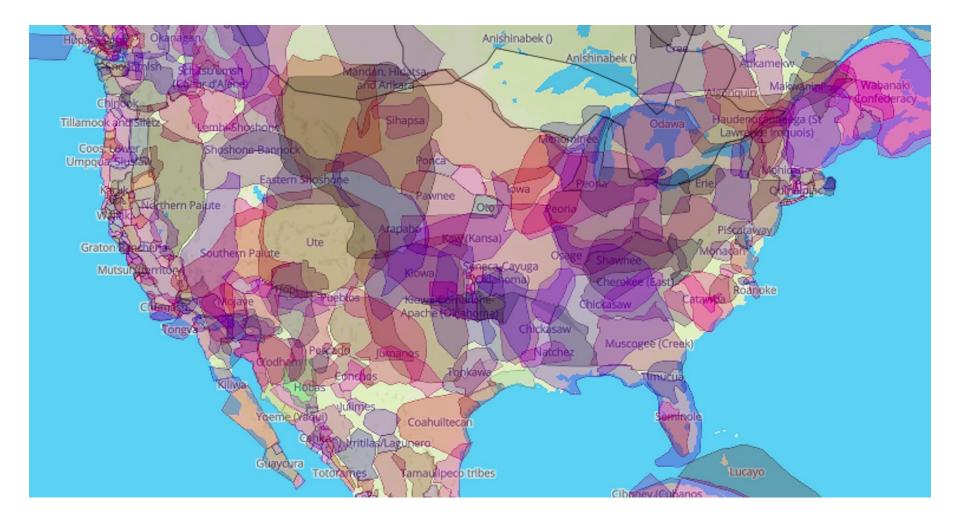


### **TODAY'S LEARNING OUTCOMES:**

- 1. Understand and analyze the government's role in key historical and present racial justice contexts.
- 2. Identify and describe examples of racial equity, diversity, and inclusion concepts.
- 3. Define and assess common myths related to dominant culture, and their relationship to an equitable and inclusive workplace and city.
- 4. Recognize and describe the interrelationship between emotional intelligence, bias, and racial equity.
- 5. Identify and assess best practices in the field for equitable leadership to drive equitable outcomes at CSJ.
- 6. Awareness of City's efforts, accomplishments, and path forward.

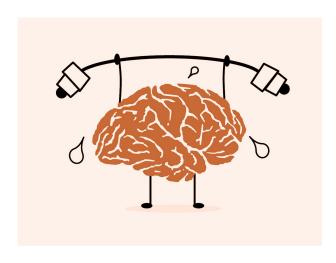


# **LAND RECOGNITION**



# **Mindfulness:**

# **Science Confirms the Benefits of Attention Training**

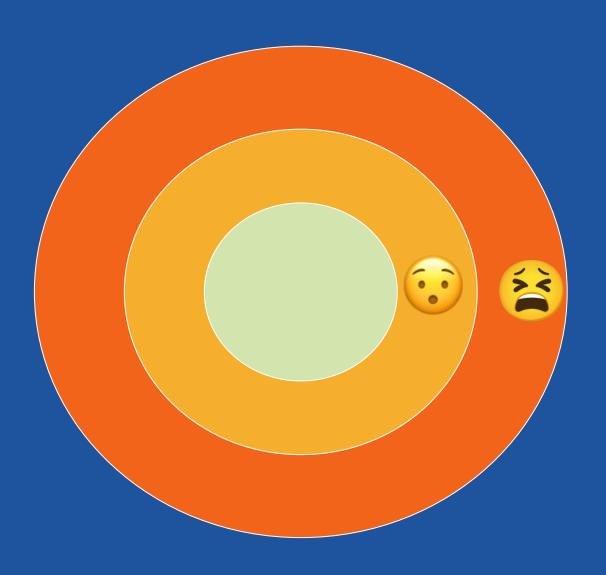


- Increase Resilience to Stress
- Increase Compassion
- Increase self-awareness and emotional regulation
- Improve Mental Health
- Improve Relationships
- Reduce Psychological Bias
- Improve Memory
- Improve Sleep

### SETTING INDIVIDUAL INTENTIONS

- **TRY IT ON:** Be willing to "try on" new ideas, or ways of doing things that might not be what you prefer or are familiar with.
- PRACTICE SELF FOCUS: Attend to and think about your own experiences and responses. Pause when you hear something new to you or something you may not agree with and consider if your instinct is to speak for a whole group or express assumptions about the experience of others.
- REFRAIN FROM BLAMING OR SHAMING SELF & OTHERS Resist any negative self talk during this session.
- **PRACTICE MINDFUL LISTENING:** Be willing to be surprised, to learn something new. Listen with your whole self.

# **AIMING FOR THE STRETCH ZONE**





# HISTORIC **STRUCTURAL** INEQUITY IN SAN JOSÉ



## LOOKING BACK TO MOVE FORWARD: HISTORY OF SAN JOSÉ

- 1. Between 1950 1969 the city's population grew from 95,280 to 495,000 and much of the city's land was designated for single-family homes many people became car dependent.
- 2. Construction of I-280 and Highway 101 destroyed many homes and businesses mostly occupied by black, indigenous, and people of color (BIPOC).
- 3. Federal Housing Administration (FHA) and Veterans Administration (VA) backed mortgages principally benefitted white middle- and upper-income residents, many of which purchased suburban homes.
- 4. Improved freeways enabled longer commutes from suburbs to the city, and those who could live farther away from work and services were advantaged most by highway improvements.
- 5. The communities surrounding the highways experienced decades of disinvestment beginning in the 1930's due to "redlining."



## WHAT'S REDLINING?

Redlining refers to local, state and federal housing policies that mandated segregation.

The Federal Housing Administration (FHA), which was established in 1934, furthered segregation efforts of the time by refusing to insure mortgages in and near African-American neighborhoods and other communities of color.

At the same time, the FHA subsidized builders to mass-produce entire subdivisions for white communities—with the requirement that none of the homes be sold to African-Americans (or any other person of color).



### WHAT DOES THIS MEAN FOR SAN JOSÉ RESIDENTS TODAY?

# Communities surrounding the I-680/I-280/US-101 interchange are at the highest risk of:

- 1. Displacement due to gentrification
- 2. Poor air quality due to localized air pollution
- 3. Vehicle related injuries and fatalities

#### Today, rising costs and exclusionary zoning exacerbates the housing crisis

- 1. 84% of the city's residential land is zoned for single-family.
- 2. 6% of city residential land can be built for apartments, condos, duplexes, and triplexes.
- 3. Nearly half (47%) of San José's renters live in housing that is considered unaffordable
- 4. One in four spend *more than half their income* on housing-related costs
- 5. Black, Hispanic, and Pacific Islanders face disproportionately greater barriers to securing affordable housing.



# UNDERSTANDING YOUR ROLE IN R(EDI)



# Racial equity work requires us to answer questions like...

- 1. Why do so many people believe that the current conversation about race, gender, ableism, etc. is new?
- 2. How do beliefs about race differ across groups and cultural lines?

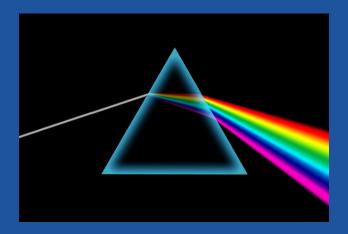
  Why do they differ?
- 3. Who determines what is and isn't considered taboo? Why?

# Intersectionality



Kimberlé Crenshaw Lawyer, Scholar, & Civil Rights Activist

### **IDENTITY PRISM**

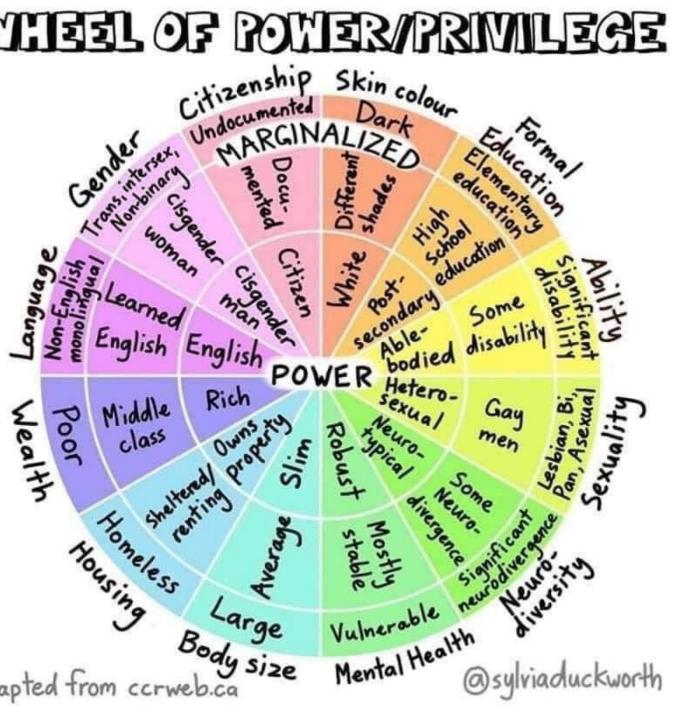


Think about your identity, what is ....

- → Visible
- → Perceptible (Noticeable) by others
- → Invisible to others

<sup>\*</sup>Adapted from Tirien Steinbach, Associate Dean of DEI at Stanford Law School, former Chief Program Officer, ACLU of Northern CA and Legal Scholar

# MHEET OF BOMES/BRIN

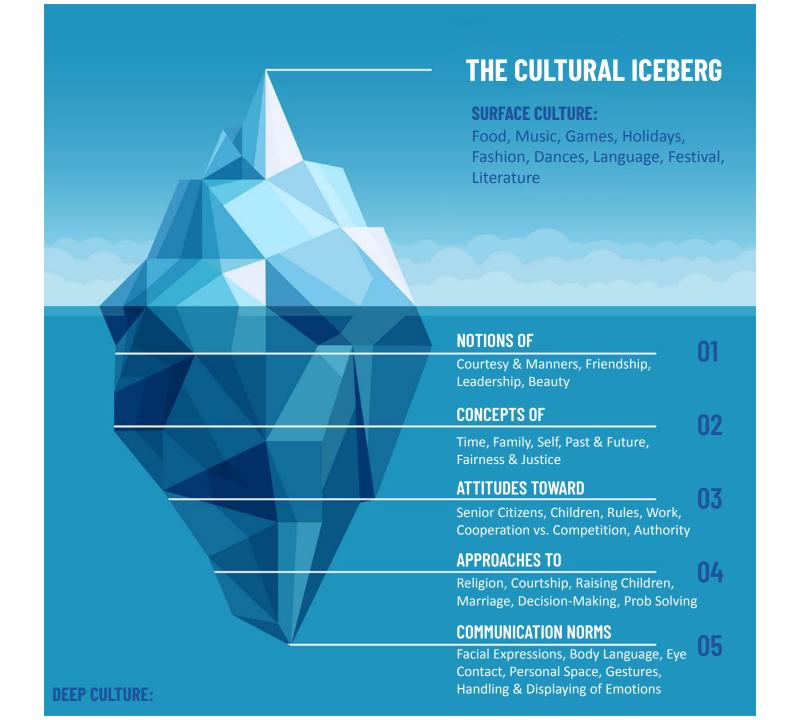




Adapted from ccrweb.ca

# Demystifying Dominant Culture







### **SOME DOMINANT CULTURAL VALUES**

#### **EXAMPLE**

# HOW IT'S TRANSMITTED

# ACTIONS YOU CAN TAKE

### **Either/or Thinking**

Collaboration norms, decision-making and transparency (or lack thereof).

- Disabuse yourself from objectivity
- Be okay with non-closure
- Lean into the "grey area"
- Create multiple opportunities for dialogue

### **Fear of Open Conflict**

Emphasis on being polite; equating the raising of difficult issues with being rude or out of line.
Leadership avoidance of surfacing issues they "cannot" solve.

- Equip your team with the skills they need to work through conflict
- Get comfortable with discomfort
- Consider how POWER shows up, mitigate for it
- Unpack your urge to tone-police



## **HOW TO REFRAME THE CONVERSATION**

"The problem is too big and too difficult to solve."

### We often hear:

I didn't create the problem."

There isn't anything I can do in my role or department"

Individuals are responsible for poor conditions."

### Try this on:

Real systemic barriers exist. Access to mortgages, safety, and healthy living conditions are unequally distributed.

We're taught to be biased against those who face barriers instead of the barriers themselves.



# **Best Practices for Leaders**



## **REVIEW KEY TAKEAWAYS**

- 1. r(EDI) is one effort to resolve a major social issue at work, and it pays off. We cannot discuss or address r(EDI) without a solid understanding of Racial Injustice.
- r(EDI) and racial justice thrive or stall on multiple levels.
   That creates LOTS of opportunity to move the needle.
- Clear racial disparities exist because of historical and current systems of inequity.
- 4. There are important implications for the City of San José as a local leader, steward, and global citizen.
- 5. Anyone can use their power to perpetuate racial inequity, or to dismantle it the choice is yours.



# THANK YOU!

