



Memorandum

TO: HONORABLE MAYOR AND
CITY COUNCIL

FROM: Councilmember Torres

SUBJECT: REQUEST FOR AN EXCUSED
ABSENCE

DATE: 10/22/2024

RECOMMENDATION

Excuse my absence from the regular meetings of City Council on October 22, 2024, October 29, 2024, and November 5, 2024.

Authorized City Business:

(Description/Location)

Illness: Medical Leave

Death of a close family member

DISCUSSION

I will be taking a temporary leave of absence from the San José City Council, following my doctor’s recommendation as submitted to the Clerks office, to focus on my mental health. The allegations made against me have significantly impacted my emotional and mental well-being. After careful reflection and consultation with my healthcare provider, it is clear that stepping back temporarily is essential for me to heal. This decision is not made lightly, but my mental health must take precedence for me to continue to serve effectively. During this time, my office will remain fully operational, and my staff will continue to serve the residents of my district, ensuring that no services are disrupted. As advised by my doctor, I respectfully request an excused absence for the next 30 days, allowing me the necessary space to recover. I am committed to returning to my duties once I have had sufficient time to address these health concerns and regain the mental strength required to serve the community effectively.