

Senior Services & Older Adult Programs

Age-Friendly Action Plan

Neighborhood Services & Education Committee | May 9, 2024

Presenters:

Maria De Leon, Deputy Director, PRNS

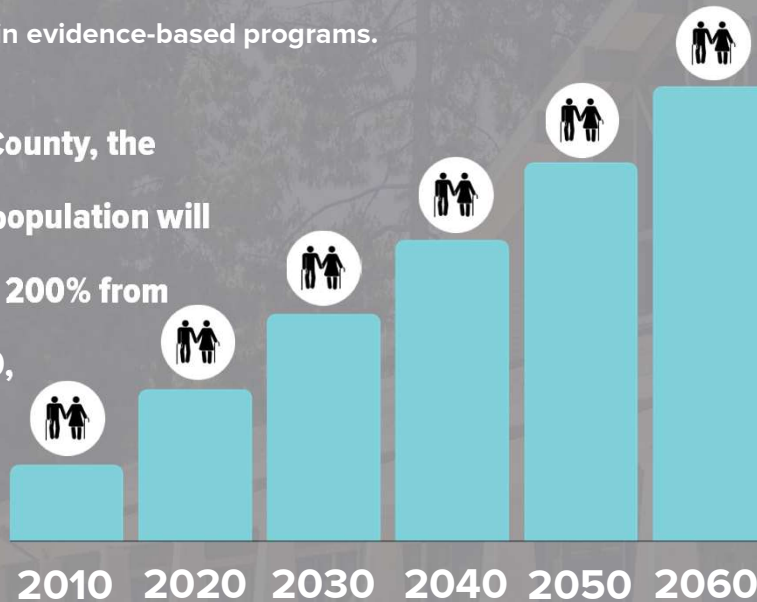
Jeremy Shoffner, Recreation Superintendent, PRNS

Rhonda Vargas, Parks, Recreation and Facilities Supervisor, PRNS

Robert Miranda, Manager of Volunteer Services, Library

- ✓ Increase civic and social engagement among older adults and decrease social isolation and loneliness.
- ✓ Increase awareness and access of community resources available to older adults to address food insecurities, transportation barriers, legal issues, housing needs, etc.
- ✓ Increase access to digital devices, broadband connectivity, and improved digital literacy skills.
- ✓ Improve physical health and safety of older adults through participation in evidence-based programs.

Santa Clara County, the over age 60 population will grow by over 200% from 2010 to 2060,



Accomplishments



Senior Nutrition Program is back to pre-pandemic service model of In-Person Dining Program.



Older Adult Programs are back to full In-Person Programming.



Implemented new enrichment programs for the Senior/Older Adult population.

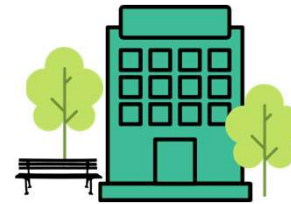


Support of Senior Health and Wellness Grantees.

Senior Nutrition Program (SNP)



IN PERSON MODEL



**14 COMMUNITY
CENTERS**



**800+ AVERAGE
DAILY MEALS**



**101% FROM
BASELINE
PRE- PANDEMIC**

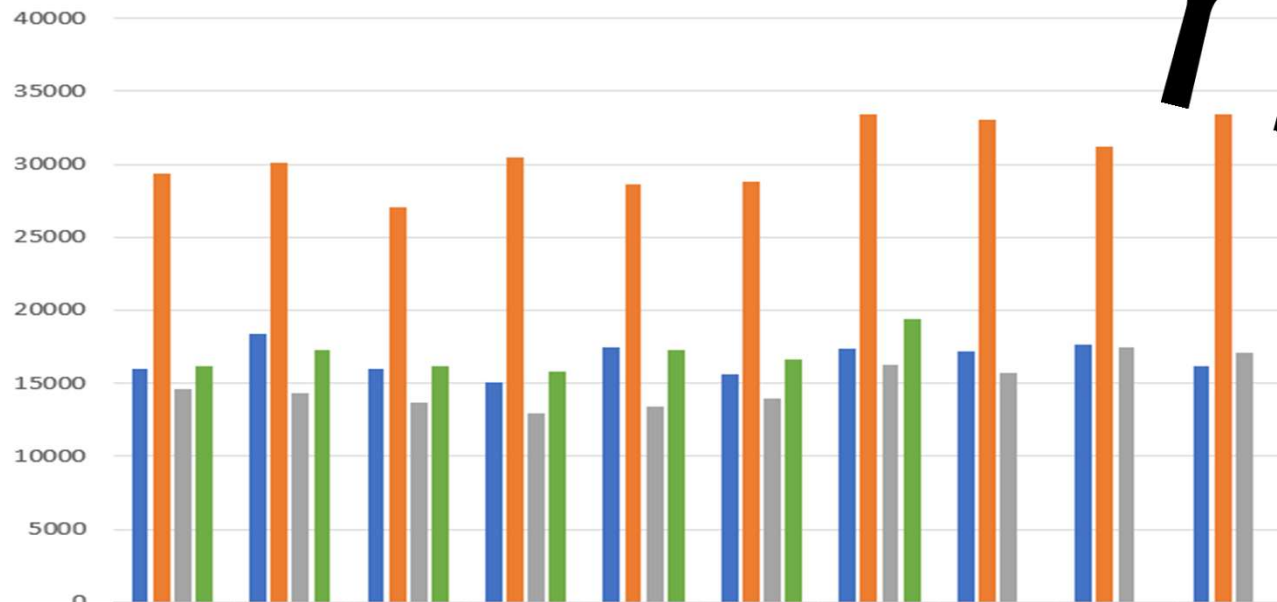


**TRANSLATED FLYERS
IN 4 LANGUAGES**

SNP MEALS SERVED



SNP Monthly Participants Counts



	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
FY 18-19 Pre-Pandemic	16024	18355	16016	15023	17473	15630	17405	17177	17642	16186
FY 20-21 Pandemic Curbside	29386	30057	27017	30504	28651	28821	33453	33052	31182	33408
FY 22-23 Post Pandemic	14616	14344	13684	12939	13398	13911	16237	15698	17466	17102
FY 23-24	16134	17280	16204	15773	17285	16582	19386	0	0	0

Older Adult Programing & Support

- Memberships are FREE
- County of Santa Clara grant provides Digital Technology Programs for senior/older adult programs through partnerships with non-profit organizations
- Partnered with AACI who received funds to run Digital Literacy/Technology workshops
- AACI facilitated workshops at 14 of the Older Adult Programs
- In alignment with Digital Inclusion Efforts
- Wellness Checks
- Monthly Special Events and Activities
- In-Person Senior Commission Meetings
- Senior/Older Adult Program Advisory Councils and Committees are back to In-Person



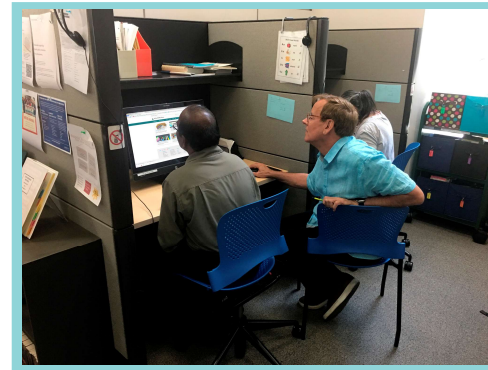
Adult Volunteers ages 55+

FY 2022-23: 382 Library volunteers contributed 8,689 hours

- 94% - Feel their volunteer roles are well-suited to their skills and talents
- 95% - Feel comfortable asking for assistance from a staff member
- 92% - Feel adequately prepared for their volunteer role

Next Steps...

- Develop and identify age friendly collaborations and opportunities
- PRNS seeking Gen2Gen options
- Continue to collaborate with OED and Office of Cultural Affairs
- Library, Human Resources & PRNS communicate volunteer opportunities to retired City employees



Senior Health and Wellness Grant Program

- \$498,212 to 9 grantees in
FY 2022-2023
- \$526,434 to 10 grantees in
FY 2023-2024
- Reduce Social Isolation
- Improve health and well being
- Increase Digital Access
- Support Independent Living



Bay Area Community Health
Provides Behavior Health & Physical Health
Appointment at 6 of our Community Centers

STROKE



Stoke Awareness
Foundation
provides
educational
workshops
at 14 community
centers



Breathe California
Provides Health
Screening;
Educational &
Breathing Exercises
Workshops
at 20 sites
throughout the City



SALA provides Legal Services at 8
community centers and 1 off site



Health Mobile
(aka the Tooth Mobile)
provides Oral Exams;
Diagnostic & Preventative
Treatments; & Restorative
Dental Treatments at 14
community centers

Age-Friendly City Initiative



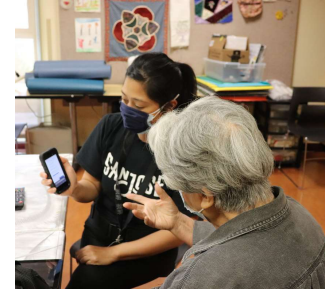
Transportation



Outdoor Spaces
and Buildings



Housing



Communication, Information,
and Technology



Community Support and
Health Services



Social and Civic
Engagement



Employment and
Financial Security



Questions and Answers

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