

Older Adults Age 50+ 2023-2024 Programs and Services Status Report

Neighborhood Services & Education Committee | May 8, 2025

Presenters:

Maria De Leon, Deputy Director

Jeremy Shoffner, Recreation Superintendent

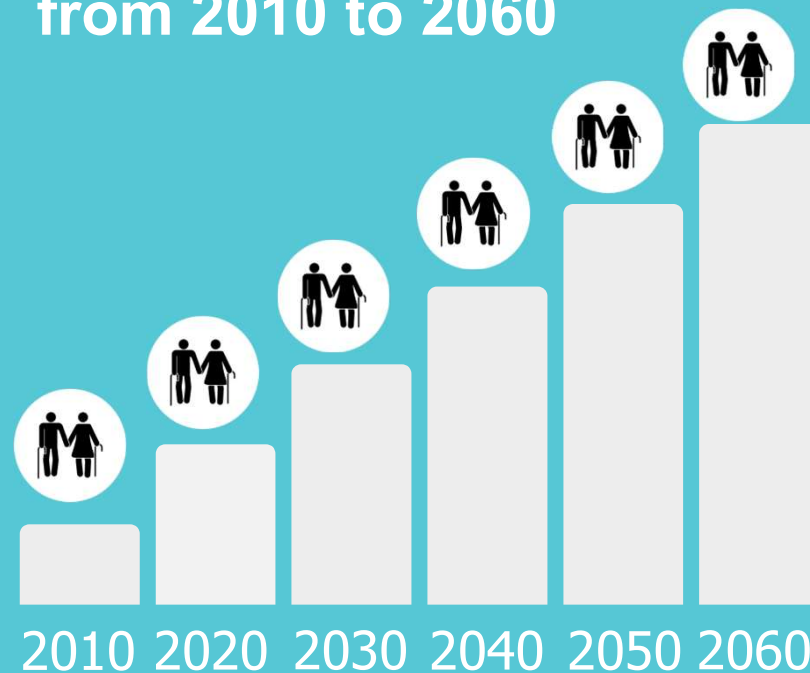
Rhonda Vargas, Parks, Recreation and Facilities Supervisor

Older Adults Age 50+

Background and Analysis

- Enhance civic and social engagement among older adults while reducing social isolation and loneliness.
- Raise awareness and improve access to community resources that help older adults tackle food insecurities, transportation challenges, legal matters, housing requirements, and more.
- Increase access to digital devices, increase broadband connectivity, and enhance digital literacy skills.
- Promote the physical health and safety of older adults through participation in evidence-based programs.

Santa Clara County: the over-60 population will grow by over 200 percent from 2010 to 2060



Accomplishments

- Senior Nutrition Programs have experienced considerable growth with daily average participation numbers.
- Classes and programs at Community Centers for older adults have increased.
- The Citywide Team operated numerous activities and special events for older adults.
- Older Adults Health & Wellness Grant Program funded 9 outside agencies.



Senior Nutrition Program (SNP)



Daily Meals

- Senior Nutrition Program enrollment numbers continue to rise annually.
- Serving 914 meals per day = serving up to 18,000 meals a month.
- Up 114 meals per day from last year



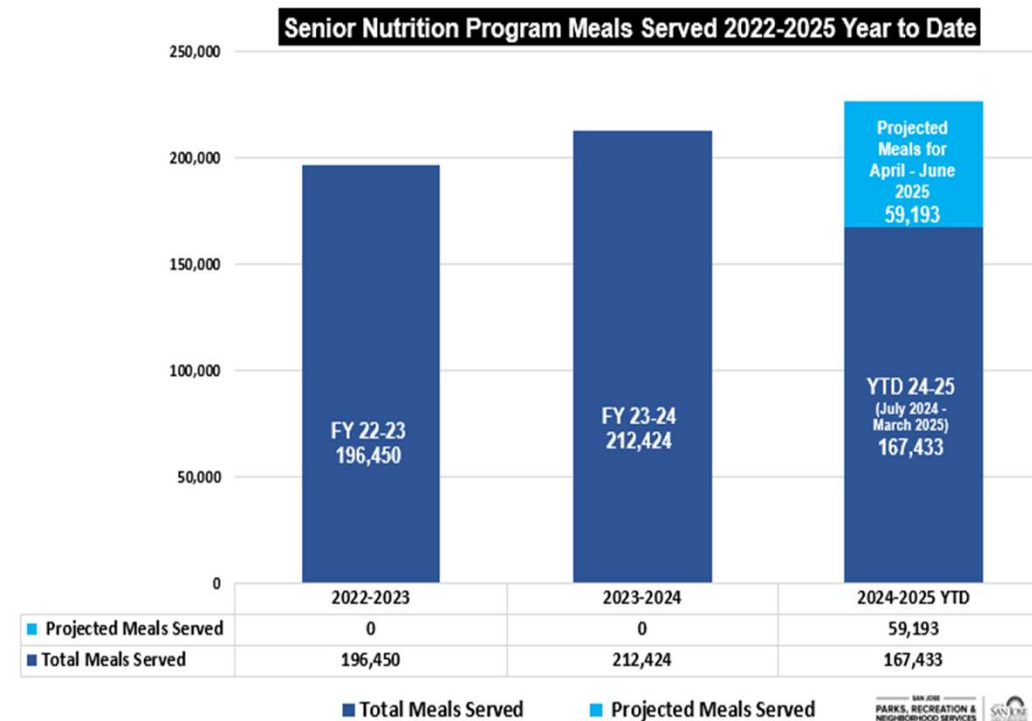
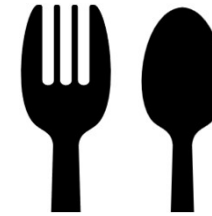
SNP Transportation

- Increase SNP transportation opportunities within the first 6 months, we provided:
 - Taxi rides 3473
 - Gap passes 103

SNP MEALS SERVED

Total Meals Served

- Fiscal Year Comparison
 - 2022-2023
 - 2023-2024
 - 2024-2025
 - Actual Year to Date Meals Served 7/2024 -3/2025
 - Projected Meals Served 4/2025 - 6/2025



Older Adult Programming at Community Centers

- **948 Classes**
 - **Special Events**
 - **Health and Safety**
 - **Decrease Social Isolation**
 - **Improve Social Engagement**
 - **Fall Prevention**
 - **Fitness and Exercise**



Older Adult 50+ Citywide

3rd Annual Table Tennis / Ping Pong Tournament



Tabling Events
Increased tabling with an additional 6 events



Color Walk & Resource Fair

20 Community Resource Tables
150+ Participants



Citywide Trip Program 10 trips throughout the Bay Area



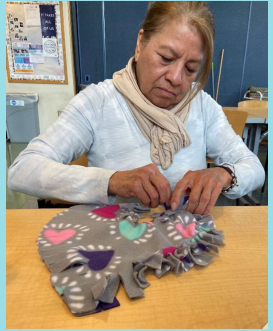
Emergency Preparedness Classes





Older Adults Health and Wellness Grant Program

- Fiscal Year 24-25 PRNS awarded \$526,424 to 9 agencies
- Reduce Social Isolation
- Improve and promote health and well-being
- Age-Friendly programming
- Educational Classes



QUESTIONS AND ANSWERS

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